



AUSTRALIAN LACROSSE ASSOCIATION LTD.

BY-LAWS FOR NATIONAL CHAMPIONSHIPS and TOURNAMENTS

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SUMMARY OF CHANGES 31 December 2017

- 1.5.3 First Aid staff to be available throughout the event to be sourced by ALA with costs shared equally by ALA and the Host Association
- 1.8.1 State Associations to complete Apps A&B and return to ALA Director of Competition cc Event Co-ordinator no later than 6 weeks prior to event.
Men's Indoor Championship Appendices A&B to be sent 5 weeks prior to event and to be returned to ALA Director of Competition cc Championship Co-ordinator no later than 2 weeks prior to event
President's team head/shoulder photo (passport size) to be supplied for programme
- 2.1 If an ASADA Level 1 certificate is already held, managers, players and officials are required to update to an ASADA Level 2 certificate and Coaches to complete the ASADA Coach course.
- 3.2 Player packages – merchandise to be sourced from Sports Centre Adelaide.
ALA approval must be sought for any packages supplied to players for both content and cost. All clothing associated with the package, must be purchased through the ALA preferred apparel supplier, Sports Centre, Adelaide. Packages may also contain team photo, game photos, meal voucher, etc.
- 3.3 Women: When a team is scheduled to play 2 games on the same day 4 x 12 minute halves will be played and stopped clock will not be played until the last 30 seconds of each period. Half time must not exceed 6 minutes. 2 minutes break after 1st and 3rd quarters.
Girls 3. 2 minutes break after 1st and 3rd quarters r, half time must not exceed 6 minutes.
- 3.3.3 Under 15 Tournament Boys. Break after the 1st quarter 2 minutes, 10 minutes at half time and 3 minutes at 3rd quarter (in line with FIL Rule 29.3).
- 3.10 **NOTE:** Alternate/reversible numbered top with secondary colour predominant required when a team is playing another team with with similar coloured shirt.
- 3.15 Walkover. If the game cannot be rescheduled, 1 point will be allocated to each team and 0-0 score.
- 4.2 Under 15 Tournament ... cross over pool games are preferred for even number of teams.
- 5.3 NSW Lacrosse and QLA to provide a minimum of one qualified official or trainee official per team representing their State, NSW-QLA team two qualified officials or trainee officials.
- 5.4 A visiting international team should be encouraged to provide a minimum of one qualified game official.
The RIC Australia to extend an invitation to the Asia Pacific Lacrosse Union or European Lacrosse Federation for a referee and/or assessor to participate at their own cost.
Aged Events: Official personnel to take the clock when 30 seconds remain in the period and count down the time remaining to the nearest on-field official.
- 7.4 Merchandise Sports Centre Adelaide to supply clothing.
- 9.4 Best Player Award (5 votes for best, 4 votes for second best, 3 votes for third, 2 votes for fourth, 1 vote for fifth)
- App C Non-Consent Image/Photograph
- App D Working with Children or State equivalent should be held by adults in the residence provided for billeted players, unless their child is a member of the team.
- App E c) If teams still tied, then formula for goal differential to be used. Goals for – Goals against
Total Goals

App F – Weather Policy – Lightning

App H Refer ALA By-law 3.10: Reversible top with secondary colour predominant required when a team is playing another team with similar coloured shirt.

TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATIONS
1 ORGANISATION			
1.1 Naming Rights	Shall be known as the (year) Australian Lacrosse Australia Ltd. (Sponsorship naming rights can be included, subject to approval by ALA Board of Directors) (AGE GROUP) National Championship or Tournament.	To promote the event under the ALA banner.	To promote this event under the ALA banner.
1.2 Timing	To be held when scheduled by ALA. ALA Director Competition to contact host Member Association in November prior year of Championship/Tournament and forward Appendix P. AGED CHAMPIONSHIPS/TOURNAMENTS ONLY To be held during school holidays in common week if possible.	To complete and sign Appendix P, including dates and venue of the event return to ALA Director Competition by due date.	
1.3 International Invitation	Invite overseas countries to attend all ALA Championship/Tournament events through ALA delegate to Federation of International Lacrosse (FIL) Meetings		
1.4 Length of Event	No more than 8 days from first day of play to final day of play When 7 teams participate an extra day to be allowed to include semi-finals A rest day may be included, same day for all teams preferable AGED EVENT – When 7 or more teams participate semi-finals will not be played		
1.5 Location	To be accessible by public transport whenever possible. ALA approval is required for a regional venue before hosting contract is completed, extra travel costs to be considered, e.g. WA to regional Victoria, etc.	To select venue Advise ALA Director Competition and Member Associations 6 months prior to event	
1.5.1 Number of Sites	There must be 2 suitable playing areas meeting ALA requirements. Same size playing area to be used for all grounds. If possible, 3 playing areas for U15 Tournaments	Venue to have 2 suitable playing areas If possible 3 playing areas for U15 Tournaments	
1.5.2 Playing Surface	All matches to be played on same type of surface at the same venue during the event. Artificial turf is preferred for Senior Championships. Paint to be used to mark all grounds and associated markings	To prepare grounds with ALA markings	

<p>1.5.3 Venue Facilities</p>	<p>Must have:</p> <p>Canteen facilities</p> <p>Adequate, clean change room facilities, showers and toilets for players and officials</p> <p>A meeting room with seating for daily meetings of officials</p> <p>Warm-up goals, shelters and seating for teams</p> <p>First aid staff to be available throughout the event to be arranged by ALA and cost shared equally by ALA and Host Association</p> <p>Shelter, seating and table for Timer and Scorer (Bench Officials), seat for reserve umpire (W) and seating for women’s technical delegates/assessors behind the score table.</p> <p>Shelter and seating for men’s assessors at the centre line on the opposite side of the field to the score table.</p> <p>Scoreboard to be visible from playing field</p> <p>Match clock visible to field and officials</p> <p>Locks for facilities</p> <p>Effective PA system available.</p> <p>Spectator seating, facilities, etc. available</p> <p>Ice for first aid to be supplied at no cost to participants to be available at scorer’s table</p> <p>At ALA discretion, an ALA Board Member may inspect and approve the proposed venue before confirmation.</p>	<p>To arrange site venue and location to enhance promotion of lacrosse.</p> <p>Organise and prepare venue requirements</p> <p>At ALA discretion a Board Member may inspect and approve the proposed venue before confirmation</p>	
<p>1.6 Insurance</p>	<p>ALA is not responsible for insurance of players, officials, or spectators.</p>	<p>To acquire site and liability insurance</p>	<p>To register and insure players and officials.</p> <p>To encourage team members and officials to have adequate health insurance.</p> <p>To consider travel insurance</p>
<p>1.7 Unit Calculation</p>	<p>1 unit equals \$50.00</p>		
<p>1.8 Entry Fee</p>	<p>Entry fee to be determined at the ALA Annual General Meeting in the preceding year.</p> <p>Entry fee 10 non-refundable units for Member Association teams.</p> <p>When a Senior Championship is played on an artificial surface all participating teams are required to pay to ALA Director of Admin/Bookkeeper an entry fee of 12 non-refundable units to offset venue costs</p>		

	<p>The Entry fee to be split 50/50 between ALA and the host MA. The host MA to receive 50% of their share on confirmation of team entries, with the balance paid on submission of Championship/Tournament Report within 60 days after the completion of the event. A report not submitted within this timeframe will not be entitled to payment of the final payment of the team entry share.</p> <p>No entry fee is applicable to a President's team (.i.e. President's Team being composite of players from multiple states)</p> <p>PENALTY: For every deadline that is missed the host Member Association will forfeit 10% of the balance of entry fee</p> <p>AGED CHAMPIONSHIPS: Associate teams (a second State Team) may compete in a Championship and is required to pay an entry fee</p> <p>Payable by all participating teams to ALA Director of Administration/Bookkeeper by 1 March in year of Championship/Tournament.</p> <p>A team cannot compete unless the entry fee is paid.</p> <p>PENALTY FOR LATE ENTRY FEE – 2 UNITS</p> <p>ALA Director of Administration/Bookkeeper to send accounts to Member Associations by 31 December for Championship/Tournament events in the following year.</p> <p>All Member Associations to confirm their teams attendance by paying Championship/Tournament fees (10 units), Under 15 Tournament fee (10 units) to ALA Director of Administration no later than 1st March in year of event</p> <p>Entry fees to be used to offset expenses incurred in conducting the event</p> <p>No entry into Championship/Tournament for State Teams will be permitted within 6 weeks of the event unless a team withdraws</p> <p>Entry fee for Overseas teams refer By Law 1.10.</p> <p>MEN'S INDOOR: ALA may require participating teams to contribute to the cost of the venue hire and this cost must be clearly identified by ALA as a venue cost.</p>		
<p>TOPIC</p>	<p>ALA DIRECTIVE</p>	<p>HOST</p>	<p>MEMBER ASSOCIATION</p>
<p>1.8.1 Team & Officials Details</p> <p>APPENDIX A and B</p> <p>President's team</p> <p>APPENDIX B</p>	<p>ALA Director of Competition to send Team Details (Appendices A&B) 10 weeks prior to event to State Associations to complete for Senior, Under 18 and Under 15 ALA events and return to ALA Director of Competition cc Event Co-ordinator no later than 6 weeks prior to event.</p> <p>Men's Indoor Championship Appendices A&B to be sent 5 weeks prior to event and to be returned to ALA Director of Competition cc Championship Co-ordinator no later than 2 weeks prior to event.</p> <p>State team from each Member Association. A team photo of participating teams to be provided, players to be dressed in State/Tournament uniform or all wearing similar clothing.</p> <p>If possible, ALA PRESIDENT'S team to compete to ensure a minimum of 4 teams participate. No entry fee required. Head/shoulder photo of players to be supplied for inclusion in programme.</p>	<p>ALA to invoice fine.</p> <p>Liaise with ALA Director Competition for inclusion of a President's team.</p> <p>Even number of teams ideal.</p> <p>Refer Appendix B for</p>	<p>All participating teams to provide completed Appendices A&B 6 weeks prior to event.</p> <p>All participating teams to complete Team Details and return to ALA Director of Competition cc Co-ordinator no later than 6</p>

<p>Associate Team APPENDIX B</p>	<p>PENALTY FOR LATE TEAM DETAILS SHEET – 10 UNITS</p> <p>Visiting/overseas teams to be invited to compete at the discretion of ALA and to confirm their attendance 5 months prior to the event.</p> <p>Visiting/overseas teams to pay Championship/Tournament fee – refer By-law 1.10.</p> <p>AGED CHAMPIONSHIP / TOURNAMENT ONLY</p> <p>Working with Children card or similar State requirement must be held by team personnel (Coach, Manager, etc.) and on field officials for Aged event teams and this information to be provided to the Event Co-ordinator by the relevant Member Association or team personnel</p> <p>When approved by ALA Director Competition Member Associations may enter an Associate team, i.e. a second team from that Member Association.</p> <p>UNDER 15 TOURNAMENTS</p> <p>Each Member Association will be assumed to field teams. In the event of non-nomination or withdrawal then a penalty and/or any other penalty considered appropriate by ALA will apply.</p> <p>Boys’ Regional Teams from ALA Member Associations must include at least 2 players from each of a minimum of 3 teams from the Member Association’s relevant age competition, drawn from a maximum of 4 clubs from a region.</p> <p>The Tournament Co-ordinator or nominee may recommend to ALA Director Competition the inclusion or exclusion of any team which does not satisfy the Regional Team criteria. A team not satisfying one or more criteria may be permitted to participate but be ineligible to participate in the final, participating instead in the lowest ranking final of the Tournament.</p> <p>Girls’ teams from ALA Member Associations: When 2 teams are selected they must be selected equally balanced, not 1 team stronger than the other.</p>	<p>President’s team.</p>	<p>weeks prior to event,</p> <p>Team photo with players preferably in State uniform or all wearing same coloured clothing.</p> <p>Working with Children card or similar State requirement must be held by team personnel (Coach, Manager, etc.) for Aged event teams and this information to be provided to the Event Co-ordinator by the relevant Member Association or team personnel.</p>
<p>1.9 Officials’ Fee (Referees/Umpires/Assessors/Technical Delegate)</p>	<p>An amount determined and invoiced by ALA Director of Administration/Bookkeeper.</p> <p>Officials direct transport costs, excluding overseas officials transport costs, are cost shared by participating Member Associations, regional teams and the ALA President's team/s. Refer ALA Cost Share Policy.</p>		<p>Provide details of officials direct travel costs to ALA Director of Admin/Bookkeeper within 7 days post event.</p>
<p>1.10 International Team Fee</p>	<p>20 units, or as agreed by ALA, to be paid to ALA Director of Administration no later than 20 weeks prior to event.</p> <p>15 units, or as agreed by ALA, if team accompanied by a referee/umpire.</p> <p>International Teams: The host MA/club must be compensated with an income for international teams. There is a cost for every game and each team contributes to those costs including an international team</p>		

TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
1.11 Withdrawal of Team Penalty	The penalty for withdrawal of a team is: WITHIN 4 WEEKS OF COMMENCEMENT OF EVENT - 40 UNITS WITHIN 8 WEEKS OF COMMENCEMENT OF EVENT - 20 UNITS WITHIN 12 WEEKS OF COMMENCEMENT OF EVENT – ENTRY FEE FULLY REFUNDED		
1.12 Championship/Tournament Results	1. Results of each days matches will be advised to the ALA website and Facebook administrators. 2. Results of all matches, final placings, and trophy winners, together with photo of winning team/s and presentations, 3 male and 3 female action photos minimum, to be forwarded to ALA Director Competition within 24 hours of completion of the event, or during the event. 3. Report of event including photograph of Championship/Tournament winners to be forwarded to ALA Directors of Administration and Competition no later than 2 months of conclusion of the Championship/Tournament. PENALTY - For every deadline that is missed the Member Association will be fined	Forward to ALA website and Facebook administrators the results of each day's play, at the end of each day. Forward to ALA Director Competitions: Results, photos, etc. within 24 hours of conclusion of event.	
2. MEDICAL			
2.1 Anti-Doping Policy	To comply with ALA Anti-doping Policy (1 January 2015) available on ALA website www.lacrosse.com.au All ALA Member Association team coaches, managers and players to complete the ASADA Level 1 eLearning certificate to be confirmed by Member Associations no later than the Managers' meeting prior to the event. If an ASADA Level 1 certificate is already held, team coaches, managers and players are required to update to an ASADA Level 2 certificate and coaches to complete the ASADA Coach course. Officials must also complete the ASADA Level 1 elearning certificate to be confirmed no later than the Officials' meeting prior to the event. If an ASADA Level 1 certificate is already held, officials are required to update to an ASADA Level 2 certificate.		ASADA online Level 1 certificate to be completed and confirmation to be provided to ALA Director of Competition, this certificate does not have an expiry date. If L1 already held, then update to L2 is required.
2.2 Infectious Diseases Policy APPENDIX F	To comply with Sports Medicine Australia Infectious Diseases Policy adopted by ALA; available on ALA website lacrosse.com.au	To ensure a high standard of cleanliness and hygiene in change rooms	To encourage players and officials to be vaccinated for Hepatitis B. To have a spare, clean, numbered playing uniform available for use at each match (Men #00)
2.3 Health Policy	1. Smoking or alcohol is not permitted on the field or in the bench area by team players, team support staff, officials, etc.	To ensure bench officials are aware of	To abide by all non-smoking directives at

	<p>2. Alcohol is not permitted to be served during game times at an aged event. PENALTY 5 UNITS</p> <p>3. Sunscreen to be provided by Host Association and available at the scorer/timekeeper's table PENALTY 1 UNIT</p>	<p>this policy. To ensure that alcohol is not served during game times at an aged event. To provide sunscreen.</p>	<p>venue/s. To ensure that alcohol is not served during game times at an aged event.</p>
<p>2.4 Heat Policy APPENDIX F</p>	<p>ALA Heat Policy is available on ALA website www.lacrosse.com.au Where possible games should be scheduled to avoid hot conditions, and between 11.00 am and 6.00 pm during summer months. Where this is not possible, games between 11.00 am and 3.00 pm should be avoided. 36 degrees or higher – game/s postponed.</p>	<p>Co-ordinator to check Bureau of Meteorology ambient and WBGT temperature information and ensure an appropriate thermometer is available at the venue. Take appropriate action in hot weather. Advise RIC and UIC when temperature reaches 30°, then 31° and to check temperature every 15 minutes</p>	<p>To ensure appropriate hydration.</p>
<p>2.5 Lightning Policy APPENDIX F</p>	<p>The decision to suspend a game due to lightning/thunder will be made by the officials on the field at the time of play. If 2 games are being played at the same time, the decision made by the officials on one field will be immediately communicated to the other field and must be followed. The time of stoppage of play must be noted on the scoresheet. Teams will be evacuated to predetermined safe shelters.</p>		
<p>2.6 Concussion Policy Précis APPENDIX F</p>	<p>ALA Concussion Policy is available on ALA website www.lacrosse.com.au The welfare of all lacrosse players in Australia depends on concussion being recognised and correctly managed by a medical doctor. Concussion is a disturbance in the brain's ability to acquire and process information. A player does not have to lose consciousness to have a concussion. Symptoms can evolve over time and the athlete must be continually monitored for at least 72 hours</p>		
<p>2.7 Member</p>	<p>ALA Member Protection Policy is available on ALA website lacrosse.com.au Code 3 – General Codes of Conduct, Coaches, Officials, Players, Parents/guardians and Spectators.</p>		

Protection Policy APPENDIX F			
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATIONS
3 CONDUCT OF EVENT			
3.1 Team eligibility	<p>75% of a team must reside for a continuous period of 5 calendar months directly prior to the first day of play of the event in the relevant State for a team to qualify as a State team.</p> <p>The maximum number of non-State representatives is 25% of the total team number i.e. the maximum total number of eligible overseas and out of State players can only represent 25% of the team in total.</p> <p>MEN: 21 players maximum, 10 players minimum per team. 10 players minimum required to commence a fixture game. AGED: 19 players maximum, 12 players minimum per team.</p> <p>MEN'S INDOOR: 18 players maximum.</p> <p>WOMEN: 16 players maximum, 12 players minimum per team. 8 players minimum required to commence a fixture game.</p>		
3.1.1 Player eligibility	<p>The recommended minimum age for players at 1st January in the year of the event is:</p> <p>16 years Senior, Men's Indoor, Under 21/Under 19</p> <p>15 yearsUnder 18</p> <p>14 years Under 17</p> <p>12 yearsUnder 15</p> <p>1.Players must be registered financial members of their State Association and therefore ALA, to be included in a State or Regional team and compete in National Championships and Tournaments.</p> <p>Member Associations must advise ALA Director of Administration in writing that members of their State team are financial registered members of the ALA 2 weeks prior to commencement of an event.</p> <p>2.A clearance must be obtained If a player transfers residency to another State during the year of competition and must be a registered player of the new State Association.</p> <p>3. 4 matches must have been played in the new State Association prior to the commencement of the event.</p> <p>4.A player cannot be added to a State team after the Managers' meeting.</p> <p>5.A player must play a minimum of 75% of the scheduled games to be eligible to play in the finals.</p> <p>Illness or injury may be excepted if ALA Director of Competition is advised.</p> <p>6 .A player can play in one team only on any one day during the Championship/Tournament.</p> <p>7 .A player can only play for the State in which he/she is registered unless upon standing for selection he/she was not selected. The player may represent another State upon written financial endorsement</p>	<p>To receive birth certificate, extract of birth, current driver licence, passport, or student identification for aged events.</p> <p>It is preferred that these documents are submitted electronically or Member Associations can confirm they hold these documents</p>	<p>To apply State eligibility rules for selection</p> <p>Advise ALA Director of Administration financial status of team members.</p> <p>It is preferred that Proof of age documents are submitted electronically to the Co-ordinator or Member Associations can confirm they hold these documents.</p> <p>A player may represent another State upon written financial</p>

	<p>from the State of registration being submitted by the prospective team being received within 4 weeks of commencement of the relevant event by the ALA Director of Administration. This permit expires on completion of the event.</p> <p>TIMELINE FOR CLEARANCES/PERMITS: To be received 4 weeks prior to commencement of event.</p> <p>A maximum of 2 overseas players may participate in any State team participating in an ALA event.</p> <p>Overseas Players:</p> <ol style="list-style-type: none"> 1. No overseas player shall be eligible to play for a State Team in an Australian Championship unless a resident in Australia for a continuous period of 5 calendar months directly prior to the first day of play of the Championship. 2. Overseas players must, in addition to having five months continuous residency, be registered financial members of an ALA affiliated State Association and therefore ALA and must have played at least 6 games in the relevant Member Association home and away competition. 3. An overseas player who has played 75% of games in the MA's season prior to the event is exempt from also having to qualify residence of 5 months prior to the event. <p>AGED CHAMPIONSHIPS / TOURNAMENTS ONLY</p> <p>Players must be under the required age on 1st January in the year of the event and be the recommended minimum age of</p> <p>16 years for Under 19 teams,</p> <p>15 years for Under 18 teams,</p> <p>14 years for Under 17 teams and</p> <p>12 years for Under 15 teams.</p> <p>Member Associations must advise they hold proof of date of birth or players must supply a birth certificate, extract of birth, current driver licence with photo or passport to Championship/Tournament Co-ordinator before commencement of the event. This documentation may be submitted electronically.</p> <p>No player is permitted to participate in any game until his/her age has been verified by the Championship/Tournament Co-ordinator.</p> <p>To be administered by ALA Ltd. through a Register of Players in due course.</p> <p>A player cannot be added to a team after the Managers' meeting, excluding an ALA President's team.</p> <p>Member Associations must advise they hold proof of ASADA e-learning Level 1 Anti-Doping Course completion by all players to Championship/Tournament Co-ordinator before commencement of the event. This documentation may be submitted electronically.</p>		<p>endorsement from the State of registration being received by ALA Director of Administration 4 weeks prior to commencement of event.</p> <p>A permit to be obtained from ALA Director of Competition for a player who does not meet the recommended minimum age and is required for the team to participate in the event.</p>
<p>3.1.2 President's Championship or U15</p>	<p>To ensure a minimum of 4 teams participate at Senior and Under 18 Championships, Member Associations are to select 5 players to participate in the President's team.</p> <p>More than 5 players from the host State Association may be included if required.</p>	<p>Select a Coach and Manager of a President's team, or can be provided by another</p>	<p>Select 5 players to participate in a President's team</p>

5. the fewest goals conceded taking into account all games in the Qualifying Found. If not conclusive then -
6. the Championship/Tournament Co-ordinator in consultation with ALA Director of Competition, or ALA nominee, will make a decision.

MEN

1. When a team is scheduled to play 2 games on the same day 4 x 15 minute quarters will be played in each game.
2. **Any player whose number has not been advised** or who wears a number different from that advised without prior approval of the Chief Referee in any game, shall be ineligible for any awards, or inclusion in the Championship All Stars team.
- 3 **Extra team shirt must be numbered 00 (Blood Rule)** In the event that a spare uniform is not available one player will be removed from the team and may not participate in that game.

WOMEN

When a team is scheduled to play 2 games on the same day 4 x 12 minute halves will be played and stopped clock will not be played until the last 30 seconds of each period. Half time must not exceed 6 minutes.

UNDER 15 TOURNAMENT

BOYS

1. 17 players.
2. 4 x 15 minutes quarters will be played in each game.
3. 2 minutes maximum break at end of first quarter, 10 minutes maximum at half time, 3 minutes maximum at end of third quarter.
4. No body checking without possession of the ball (i.e. no 3 metre rule)
5. No stick checking the gloved hand with excess force.
6. The poke check may only be of a limited length.
7. A 1 match suspension will be applied automatically to any player who is expelled from a game more than once in the Tournament.

GIRLS

1. 16 Players
2. 4 x 12 minute quarters will be played in each game, no stopped clock until last 30 seconds of each period. Half time may not exceed 6 minutes.
3. When a team plays two games on the same day 4 x 10 minute quarters will be played in each game no stopped clock until the last 30 seconds of each period. Half time must not exceed 6 minutes.

	MEN'S INDOOR CHAMPIONSHIP FIL Indoor Rules of Lacrosse will be played at an approved indoor venue noting ALA Variation of 18 players per team.		
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
3.4 Number of Games	No more than 2 matches, per team, per day If 2 games need to be scheduled on the same day then at least 2 hours must be allowed from completion of the first game before commencement of the second game.	1 match per day the ideal	
3.5 Night Games	Night games may be included in the games schedule. Teams should play an equal number of matches under lights if possible.	To be include in the proposed game schedule	
3.6 Postponed Games	The final decision to postpone a game will be made by the 3 officials of the affected game, the Referee in Chief/Umpire in Charge, the Event Co-ordinator and the grounds person. A game is considered complete when 80% of the playing time has elapsed. When an interrupted game (less than 80%) is continued on the same day, it will be restarted from the point of interruption including when a suspended game is replayed on another day. When an interrupted game cannot be completed the game is be considered a draw 2-2 score line and 1 point will be allocated to each team.	To include provision for postponed games in original schedule	
3.7 Match requirements	Host MA to organise and provide: ALA score sheets Timing equipment, clocks and hooter* Ice for first aid supplied at no cost to participants, to be available at scorer's table. Water for officials 6 ALA approved balls per field Scoreboard Lax clock with horn, clocks, hooter, time boards including yellow (2 minutes) and red (30 seconds) available from ALA Director Competition	Organise all match requirements as set out. ALA score sheet templates, clocks and time boards (W) available from ALA Director Competition	Supply own practice balls Supply own team refreshments
3.8 Score sheets	To provide a copy of score sheets on the day played, to relevant team Manager. On request shall provide participating Team Managers with a copy of the score sheet from any game within 12 hours of the completion of a game.	To make sufficient copies daily for all participating teams and distribute to Team Manager. A complete set of score sheets to be sent to ALA Director Competition within	

		two weeks post event.	
3.9 Participation Certificates Aged Events only	ALA to provide Participation Certificate template to Host Championship/Tournament Co-ordinator and to pay for printing of the Participation Certificates.	To complete and print Participation Certificates with players and officials names for presentation to team captains at Closing Ceremony	
3.10 Team Uniforms <i>STATE TEAM UNIFORMS</i> APPENDIX H	Team uniform and appropriate footwear to be worn by all participating teams and during the Opening and Closing ceremonies Playing uniform to be in State colours, as approved by ALA including one spare playing uniform to be used for 'blood rule'. MEN: The 'blood rule' shirt to be numbered 00. A team may be requested to have an alternate coloured shirt to facilitate team recognition during a specific game. UNDER 15 Tournament No team may wear a uniform which has the same colour combination as any State team colours.		To bring one spare uniform for blood rule. Shirt to have different number, 00 Men. To seek ALA approval through ALA Director Competition to change playing uniform
3.11 Players' Uniform Numbers	WOMEN: Team playing shirts to be numbered 1-40. Uniform shirt numbers to be at least 20cm on the back and at least 15cm on the front of the playing top as per FIL/ALA rules. MEN: Uniform shirt numbers to be 25.4cm on the back and 20.32 on the front of the playing top as per FIL rules. 'Blood' shirt to be numbered 00.		To ensure uniform shirts are properly numbered. 1-40 women's teams. Blood shirt to have different number (Men 00)
3.12 Captain's Armband Women	The Team captain (or her delegate on the field) may choose to wear a distinctive armband (8cm wide). The Captain's armband may be supplied by Member Associations for their team/s, or by ALA Director Competition.	ALA Director Competition to supply Captain's armbands. Event Co-ordinator to return ALA armbands to ALA Director Competition at conclusion of event.	MAs may supply Captain's armbands for their team/s.
3.13 Demerit System Women	A penalty demerit system for personal fouls to deter unsportsmanlike or dangerous conduct by players will be in place (Rule 25.G.1 ALA Variation) Yellow card suspension. = 2 demerits Yellow/red cards suspension = 4 demerits	Event Co-ordinator to advise offending player and Team Manager when 4 demerits accrued (as a	Ensure players are aware of the penalty demerit system

	<p>Red card = 6 demerits</p> <p>When a player has accrued 6 demerits she will be automatically suspended from the next fixture match of the event.</p> <p>Penalty points are cumulative. Once a player has been suspended for accruing 6 demerits, she will be automatically suspended when she has accrued an additional 4 demerits at the same event.</p>	<p>warning).</p> <p>To advise offending player and Team Manager when 6 demerits accrued and match suspension penalty.</p>	
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
3.14 Disqualification/ Failure to Play	<p>1 <u>During pool games</u></p> <p>1.1 A team either disqualified for refusing to play or to complete a game shall be deemed to have withdrawn from the event.</p> <p>1.2 If a team withdraws from the event, any games it has played until that time, as well as all games it has still to play, will be recorded as a 5-0 loss and that team shall be ranked last in the pool (and the event). The points table will be corrected accordingly.</p> <p>1.3 No goals will be awarded to any player in all games played or to be played by the team that has been disqualified or has failed to play.</p> <p>2. <u>During classification games</u></p> <p>2.1 A team either disqualified for refusing to play or to complete a game will be deemed to have withdrawn from the event at that stage and to have lost the game in question.</p> <p>2.2 The team will be ranked last in the event and will not receive, or will not be allowed to keep any medals and trophies to which it was entitled, or which it had already received.</p> <p>2.3 All teams ranked below the team at the time of the withdrawal will be advanced by one place in the final ranking. Where appropriate after such revision of the ranking, the next highest ranked team(s) at the time of the withdrawal will be awarded any medals and trophies as appropriate.</p> <p>2.4 No goals will be awarded to any player in all games played or to be played by the team that has been disqualified or has failed to play.</p>	<p>To advise offending Team Manager and ALA Director Competition of the disqualification.</p> <p>ALA Director Competition to advise the relevant State Association of their team/s disqualification.</p>	
3.15 Walkover	<p>A walkover may be permitted in extenuating circumstances being:</p> <ul style="list-style-type: none"> • Significant trauma • Late arrival (at least 1 hour or more) due to air or ground transport • Illness affecting a third or more of the players in a team <p>Under these circumstances the scheduled game will be rescheduled.</p> <p>If the game cannot be rescheduled, a score of 0-0 and 1 point will be allocated to each team.</p> <p>No penalty will be incurred when the ALA Director Competition or the Championship/Tournament Co-ordinator is immediately notified of the situation by the Team Manager or representative. If</p>	<p>To advise ALA Director Competition</p>	<p>To advise ALA Director Competition or Championship/Tournament Co-ordinator of Walkover</p>

	possible a minimum of 2 hours notice to be given.		
3.16 Tribunal APPENDIX O TRIBUNAL AGENDA/ PROCEDURES	<p>A Tribunal will be convened when a report of behaviour serious enough to damage or harm the reputation of lacrosse or the safety of participants at the event.</p> <p>A decision of the Tribunal is final, matters cannot be reheard or appealed under the "Principles of Natural Justice"</p> <p>Reports may be made by on-field official, bench officials, ALA Director, or any other off-field official for on-field offences and these personnel plus Championship/Tournament Co-ordinator and Team Staff, etc. for off-field offences.</p> <p><u>On-field</u> (defined as 1 hour prior to time of the first match until 1 hour after the last match each day.)</p> <p><u>Off-field</u> (defined as at any time during the event outside the on field time)</p> <ol style="list-style-type: none"> 1. Tribunal to consist of a quorum of 3, representing different Member Associations, and excluding the State of the reported person. Players, coaches and officials are excluded unless no other representative is available. The ALA Director of Competition or ALA representative will Chair the Tribunal. 2. Tribunal to be convened before the next scheduled match of the reported person. 3. Reported person must attend and will have no more than 3 evidential witnesses. The reporting person will have no more than 2 witnesses. If the reported person is not in attendance at the time of the Tribunal, he/she will be suspended from any lacrosse activity in Australia until attendance at a postponed Tribunal. 4. A player who has been suspended may also be reported. 5. Team personnel may also be reported. <p>ON-FIELD REPORTABLE OFFENCES:</p> <ul style="list-style-type: none"> * deliberate attempt to injure * verbal or physical abuse of officials or players * excessive behaviour <p>OF-FIELD REPORTABLE OFFENCES:</p> <ul style="list-style-type: none"> * Damage to property, public or personal (physical and/or verbal). 	Event Co-ordinator to: Organise Tribunal Notify reported person verbally ASAP of the report, and venue and time of Tribunal hearing Provide a copy of the report and Tribunal decision to the reported person, Team Manager, the relevant Member Association and ALA Director Competition.	
4. SCHEDULES			
4.1 Style of Event	<p>ALA Director Competition to determine draw subject to number of competing teams.</p> <p>Semi-finals to be played unless ALA deems otherwise.</p> <p>1st v 2nd placed games for finals must be played separately, allowing 2 ½ hours for completion of the men's game before the start of the women's game.</p> <p>The 1st v 2nd ALA men's/boys' games will be played at the premier time slot in even numbered years</p>	To display a results and points table daily	

	aligned with the year of a FIL Men's World Championship for field lacrosse. The 1 st v 2 nd ALA women's/girls' games will be played in the premier time slot in odd numbered years aligned with the year of a FIL Women's World Cup.		
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
4.2 Games Schedule APPENDIX E	<p>Must be as even as possible, balance of late/early matches.</p> <p>ALA Director Competition to distribute the draw to the Senior/U18 Championships/U15 Tournament Co-ordinator, Member Associations and all competing teams 6 weeks prior to the event. Member Associations must respond to ALA Director Competition with any proposed changes to the game schedule within 7 days or will be considered to be in agreement with the schedule.</p> <p>If a dispute occurs with the schedule the ALA Board to make the final decision and advise Member Associations and the Championship/Tournament Co-ordinator.</p> <p>ALA Director of Competition to distribute revised draw to all participating teams, the Championship/Tournament Co-ordinator and ALA Directors 5 weeks prior to event.</p> <p>ALA Director of Competition to distribute the final draw to participating States and teams and the Event Co-ordinator at least 4 weeks prior to event.</p> <p>Semi-finals are preferred if number of days allow.</p> <p>MEN'S INDOOR ALA Director of Competition to circulate the draw 4 weeks prior to the Championship, Member Associations must respond to ALA Director Competition with any proposed changes to game schedule within 7 days or will be considered to be in agreement with the schedule.</p> <p>UNDER 15 TOURNAMENT</p> <p>Depending on the number of team entries, cross over pool games are preferred for even number of teams</p> <p>Semi-finals will not be played when 7 teams or more participate (see 1.4).</p>		To respond if not satisfied with game schedule to ALA Director of Competition within 7 days.
4.3 Officials' Schedule Appointment of Event Umpire-in-Charge and Referee-in-Chief	<p>The ALA National Technical Committee in consultation and approval of the ALA Director of Officiating will appoint an event Referee-in-Chief (RIC) and Umpire in-Charge (UIC) at least 12 weeks from the commencement of an event.</p> <p>The appointed RIC and UIC will lead the selection [panel for on field and off field officials. The selection of officials will be as set out in ALA's Selection of Officials Policy as published on the ALA website.</p> <p>The ALA Director of Officiating to notify the Event Co-ordinator and the ALA Director of Competition the names and contact details of the RIC and UIC.</p>		

4.4 Officials Panel	<p>The ALA National Technical Committee will call for expressions of interest for officials to form an officials' panel for the event at least 12 weeks from the commencement of the event.</p> <p>The grading of officials can be facilitated where appropriate.</p> <p>Officials will be required to arrive at the event location by noon of the day prior to commencement of the event. All officials, both on field and off field, are to attend the officials' meeting which will be conducted during the afternoon on the day prior to commencement of the event.</p> <p>The RIC and UIC shall conduct any briefings to officials, managers and coaches on rules and rule interpretations.</p> <p>Any dispute on rules or their interpretations shall be determined by the RIC or UIC.</p>		
4.5 Practice Schedule	<p>Ideally, practice fields to be the same surface as the playing area. Practice goals must be supplied at site of the games.</p>	<p>To organise practice fields</p>	<p>To advise Event Co-ordinator of practise times</p>
4.6 Events Schedule	<p>To advise participating teams of Schedule of Events no later than 6 weeks prior to event.</p>		
4.7 Pre-Match Schedule	<p>Count down for the game allowing 5 minutes for presentations of MVP awards following completion of the previous game and for those teams to leave the bench area before teams for the next game move to the bench area,</p> <p>30 minutes prior to game time</p> <ul style="list-style-type: none"> - scheduled teams may move to team bench area (first named team at left of Scorer) on game field for pre-game warm up. - Officials to be at the field to complete match preparations per FIL/ALA Umpiring schedule. - Scorer, Timer and Bench Official to report at score table <p>20 minutes prior to game time</p> <ul style="list-style-type: none"> - team list to be confirmed to the Scorer (per official program). <p>10 minutes prior to game time</p> <ul style="list-style-type: none"> - teams to report to table area and line up for all equipment to be checked followed immediately by Captains remaining for toss for ends. Second-named team calls. - Immediately following this, teams line up for player/team introduction and playing of respective national anthem/s. - 7 minutes – teams have guaranteed 5 minutes warm up. - 2 minutes – teams come off field to be ready to start. - If team not introduced, opposing teams to line up at centre field before commencement of each match. 	<p>Ensure all bench personnel have written instructions of pre-match schedule.</p> <p>Provide Timers and Scorers for Senior and Men's Indoor Championships.</p>	

	<ul style="list-style-type: none"> - 30 seconds – game official blows whistle for teams to take the field. - 0 minutes – game clock set for Women 30 minutes; AGED 25 minutes - 0 minutes – game clock set for Men 20 minutes; AGED 15 minutes 		
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
5. OFFICIALS AND PERSONNEL			
5.1 Championship/Tournament Co-ordinator	<p>Host Member Association must appoint a Championship/Tournament Co-ordinator no later than 3 months prior to Championship</p> <p>Championship/Tournament Co-ordinator to liaise with appropriate ALA Directors and State Associations</p>	<p>To appoint a Co-ordinator not less than 3 months prior to Championship.</p> <p>All contact details to be sent to all ALA Directors and State Associations</p>	<p>To advise Championship/Tournament Co-ordinator of Team Manager (or appropriate representative) contact details for liaison purposes no later than 3 months prior to event</p>
5.2 Team	<p>No more than 4 Bench Staff per team</p> <p>No player may be added to a team after the Managers' Meeting.</p> <p>PENALTY FOR PLAYING AN UNLISTED PLAYER – LOSS OF ANY POINTS AND FOUR UNITS</p> <p>WOMEN: 16 players</p> <p>MEN: Seniors/Under 19 21 players</p> <p style="padding-left: 20px;">Indoor 18 players</p> <p style="padding-left: 20px;">Under 17/18 19 players</p> <p style="padding-left: 20px;">Under 15 17 players</p>	<p>To provide for team members as per the ALA By-laws</p>	<p>Team list to be confirmed at Managers' meeting</p>
5.3 Officials	<p>Number of Officials (Referees and Umpires) appointed relevant to the number of teams playing, to consist of a minimum of one Technical Delegate/Assessor plus 1.5 State accredited official per team entered rounded up to the next number. NSW Lacrosse and QLA each to provide a minimum of 1 qualified official or trainee official, NSW-Q 2 officials.</p> <p>The RIC Australia to extend an invitation to the Asia Pacific Lacrosse Union or European Lacrosse Federation for a referee and/or an assessor to participate at their own cost.</p> <p>Event RIC and UIC to provide on field and off field officials' names and current photos to Host Event Co-ordinator 4 weeks prior to commencement of event for inclusion in the program, without State identification.</p> <p>Visiting international teams to be encouraged to provide a minimum of one qualified official. An Official cannot be Team support staff or player.</p> <p>Referee in Chief, Umpire in Charge, Technical Delegate, Assessors and Officials are individually responsible for all costs of accommodation, food, etc.</p>		

5.3.1 Officials for Finals	Finals Officials to be selected by the UIC and RIC and their relevant assessment panels.		
5.4 Bench Officials APPENDIX M	Must be one Timer and one Scorer provided for Senior Championship games, and one reserve official when possible, designated for each match. Must be fully conversant with the rules of the game AGED EVENTS: Each team to provide a timekeeper or scorer for each of their own games. Official personnel to take the clock when 30 seconds remain in the period and count the time remaining to the nearest on-field official.	Provide and roster timer and scorer for Senior Championship games.	To supply bench officials with any alteration to team 30 minutes prior to match
5.5 Ball Boys/Girls	To be provided if possible. Nobody is permitted behind the end boundary line.	To supply if able. To brief them on the rules of the game. To have a standard uniform.	
6. HOSPITALITY			
6.1 Arrival of Teams	All participating teams to arrive in the city / town of the Host Member Association the day prior to Official Opening/Day 1		To advise ALA Director of Competition and Event Co-ordinator of exact travel details, arrival time and mode of arrival on travel form (Appendix A) 8 weeks prior
6.2 Accommodation <i>DETAILS PER TEAM DETAIL SHEET</i> APPENDIX A	Tournament Co-ordinator to send out Appendix C1 (U/15 Tournament only). Billeting may be provided for one U/15 team, preferably to the team incurring the greatest travel cost. Billeting rights revoked if Host Member Association not advised of requirements within 8 weeks prior to event. In the event of limited billeting preference to be given to the team incurring the greatest travel costs.	To arrange billets if required. Forward information on suitable nearby accommodation. Championship/Tournament Co-ordinator to circulate all participating teams contact details during event to Team Managers at Managers' Meeting	To advise ALA Director of Competition and Event Co-ordinator of accommodation arrangements (See Appendix A) at least 8 weeks prior. If accommodation information required to request same from Event Co-ordinator U/15 To advise Event Co-ordinator of exact details of billeting requirements

TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
6.3 Meal Provision	Canteen facilities to be available at venue. Alcohol must not be served during game times at an aged event. Officials to pay for food. Water is to be provided without cost.	Arrange canteen facilities	Teams to supply their own half-time refreshments
6.4 Transportation	Consideration to be given to public transport access when selecting venue.	Forward information on transport service (public & hire) to all Team Managers. If billeted, host family to be responsible for transportation.	Arrange own transport if not billeted
7. PUBLICITY AND PROMOTION			
7.1 Media Coverage	Display Australian Sports Commission banner/s in a prominent position/s Display any ALA Championship/Tournament promotion banner/s in a prominent position Host State to appoint a Media Liaison Person to co-ordinate publicity to promote lacrosse and the Championship/Tournament		
7.2 Program	A program for the Championship/Tournament must be provided. 1. Host MA to provide all required information to ALA Director of Competition at least 4 weeks prior to event.* 2. ALA to provide program and Participation Certificates to Host MA's preferred printer. 3. Program to display the ALA provided/approved cover logo and to include past winners, players' names and playing numbers, Coaches, Managers, Australian Sports Commission acknowledgement, ALA acknowledgement, coming events and ALA President's message, host State Association President's message. *PENALTY – 2 UNITS	1. Host MA to provide all required information to ALA Director of Competition. 2. ALA to provide program to Host MA preferred printer.	Provide necessary team and officials' details to host State as requested at least 6 weeks prior. See Appendix B for details
7.3 Sponsorship	No tobacco sponsorship will be accepted. No alcohol sponsorship will be accepted at an Aged Championship/Tournament. Naming Rights sponsorship for a Championship/Tournament must be approved by ALA. State teams may seek their own sponsorship. A maximum of three logos, not exceeding 40 square cms. may be worn on the playing top sleeves and skirt/shorts.	To seek approval for major 'naming rights' sponsorship from ALA To obtain ASC banner from ALA Dir. Competition	To arrange own team sponsorship

	Sponsors' display banners are permitted on fencing, in or on buildings, etc. Australian Sports Commission (ASC) banner to be displayed in a prominent location.	To source an event logo.	
7.4 Merchandise	ALA and Member Associations are permitted to sell articles at Championships/Tournaments without charge. Sports Centre Adelaide to supply clothing. Sale of items by independent distributors or commercial vendors at discretion of Host State.	To arrange a location for articles to be sold if required.	To advise Event Co-ordinator of sale articles no later than 6 weeks prior.
8. CEREMONIES AND FUNCTIONS			
8.1 Welcome Function U15 Tournament	All U15 Tournament team members must participate. Host State to invoice team 6 weeks prior to event. PENALTY – EQUAL TO THAT OF INVOICE To be arranged by Host Member Association. Cost to be kept to a minimum. Alcohol must not be provided to persons under 18 years of age. ALA Director, if present, to be invited to speak.	Organise Reception Advise teams 6 weeks prior of venue, cost, dress code, etc. Invoice Member Association.	Pay Welcome Reception invoice to Host Association no later than 2 weeks prior to commencement of event. To supervise under age players, no alcohol or smoking
8.2 Opening Ceremony APPENDIX Q APPENDIX J	Must be an official part of the event held on the first day of the event. All team members to wear their State uniform, team staff to be neatly dressed and officials in uniform, all participants must wear appropriate footwear. Participating State teams' flags, Australian flag, Aboriginal flag and international team flag (when team participating) to be raised. Flag protocol – facing from the field left to right – Australian flag, Country national flag (as required), Aboriginal flag, competing Member Association State flags. Flags will be flown at half-mast on ANZAC Day. Flags are taken to full mast then lowered a flag length to half mast. Teams and officials to march, in a clearly defined path, or assemble behind a team marker/flag. Public address system required. ALA Director to be invited to speak and to acknowledge Australian Sports Commission support. Welcome address to be given. Players' oath to be read by host State team Captain/s and Officials' oath to be read by host State representative/s. National anthem/s to be played, visiting country followed by Australian anthem. 30 minutes warm-up time will be allowed on conclusion of the ceremony before start of the next match.	Opening Ceremony, special guests/ALA Directors to be invited. Ensure flags can be raised. ALA Director Competition to supply flags. Ensure National anthem(s) available and PA equipment. Australia: Advance Australia Fair Julie Anthony version preferred. NZ: God Bless NZ. England: God Save the Queen. Canada: O Canada.	To present to Event Co-ordinator at Managers' Meeting previous year's State v State winning trophy/ies, engraved and in optimum condition.

		USA: Star Spangled Banner.	
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
8.3 Closing Ceremony APPENDIX Q	<p>Must be an official part of the event held on the last day of the event.</p> <p>All team members must participate with players wearing their State/Representative team uniform, team staff to be neatly dressed and officials in uniform. All participants must wear appropriate footwear.</p> <p>Australian flag, Aboriginal flag, international team flag (when team participating) and participating State teams flags to be flown, see Flag protocol 8.2.</p> <p>Teams and officials to march in a clearly defined path, or assemble behind a team marker/flag.</p> <p>Public Address system required.</p> <p>National anthem(s) to be played.</p> <p>ALA Director to be invited to speak.</p> <p>Drinks must not be carried by participants when receiving awards.</p> <p>Aged Events Participation Certificates to be presented by ALA endorsed representative to team Captains and Officials' representative.</p> <p>Championship/Tournament medallions to be presented by ALA endorsed representative.</p> <p>Championship/Tournament trophy to be presented to Captains by ALA endorsed representative.</p> <p>Captains to lower their State flag on completion of the ceremony and hand to ALA representative.</p> <p>ALA trophies to be returned to ALA representative at event venue.</p>	<p>Return ALA equipment to ALA Director Competition</p>	
8.4 Championship Dinner	<p>To be included as official part of program.</p> <p>All State team members must participate*, all participating teams desirable.</p> <p>All Officials <u>must</u> participate at the Championship function.</p> <p>All Officials are requested to participate in the U15 Tournament function.</p> <p>Adequate time to be given to teams to change clothes and travel to venue.</p> <p>Host State to invoice team (20 people) 6 weeks prior to event.</p> <p>PENALTY* – EQUAL TO THAT OF INVOICE</p> <p>Costs to be contained within \$65.00 (Sixty-five dollars) per person for Senior Championships, \$50.00 (Fifty dollars) per person for Aged Events. Alcohol must not be included in this cost (food and alcohol package not permitted).</p> <p>Format to be decided by Host State, sit down buffet dinner, no finger food. The venue must be 'smoke free'.</p>	<p>Farewell Function.</p> <p>Advise teams 6 weeks prior of cost, dress code, venue, etc.</p> <p>Member Associations 6 weeks prior to event.</p> <p>Invite ALA Board whenever possible.</p>	<p>Invoice for Farewell function to host Association no later than 2 weeks prior to commencement of Championship. To supervise under age players (no alcohol and/or smoking).</p>

	<p>Non-alcoholic drink and vegetarian food required.</p> <p>Alcohol must not be provided to persons under 18 years of age.</p> <p>May include re-presentation of Championship/Tournament Trophy. Must include presentation of Championship All Stars teams and Best Players. Drinks must not be carried by participants when receiving awards.</p>		
9. PRESENTATIONS			
9.1 Trophies APPENDIX O	<p>Engraving and general maintenance costs of all ALA trophies are the responsibility of ALA and are retained by ALA.</p> <p>If an overseas team wins a Tournament Trophy, a replica trophy to be presented. Cost to be borne by ALA.</p> <p>State v State trophies (Appendix P) to be in optimum condition and delivered to the Championship/Tournament Co-ordinator at the Managers' Meeting to be presented at the conclusion of the relevant game.</p> <p>Member Associations are responsible for the safe keeping and condition of State v State trophies won by their team.</p>	To collect and organise trophies for presentation	To supply relevant State trophies to Championship Co-ordinator at Managers' Meeting. Winning teams to organise engraving of trophy/s and transport to home State and to next relevant event.
9.2 Championship / Tournament Team Awards / Medallions	<p>Championship / Tournament team awards to be forwarded to Championship Co-ordinator by ALA Director of Competition (gold medal on green and gold ribbon). Cost to be borne by ALA.</p> <p>Individual award to be presented to each team member and each official of the final game.</p> <p>If a team has nominated more than 2 coaches and/or managers (who have been formally advised and included in the program) and wish to have additional medallions presented, a maximum of 4 additional medallions can be requested at least 1 month before the commencement of the first game and payment of the cost of \$20.00 each.</p>	ALA Director of Competition to provide medallions.	
9.3 Australian All Star Awards (Championships only) ALL STAR SELECTION FORM APPENDIX L	<p>10 players (starting line up), Coach of Championship team, and an Official to be presented at Senior, Indoor (M), and Under 18 Championships.</p> <p>MEN: A goalkeeper, 3 defence players, 3 midfield players, 3 attack players (positions not announced). The Best Player (9.4) must be included in the All Star Team</p> <p>INDOOR: A goalkeeper, 2 defence players, 1 face off player, 2 attack players.</p> <p>WOMEN: A goalkeeper, 2 defence players, 5 midfield players, 2 attack players (positions not announced). The Best Player (9.4) must be included in the All Star Team</p> <p>Each State team coach to meet on the completion of the relevant game between State Associations to select the best 10 players or 6 players (Indoor), taking into consideration all players of both State teams for each qualifying round of the Championship. Behaviour/sportsmanship must be taken into consideration: a player suspended for a game, receiving an immediate red card, etc. will eliminate</p>	Event Co-ordinator to distribute All Star selection forms to State team coaches for games played against another State team only and collate selections.	

	<p>this player from selection.</p> <p>The Championship Co-ordinator or ALA representative to supervise the final selections to ensure there are no discrepancies.</p>		
TOPIC	ALA DIRECTIVE	HOST	MEMBER ASSOCIATION
<p>9.4 Best Player Award U18 & Senior Championships</p> <p><i>VOTING FORM</i> APPENDIX K</p> <p><i>BEST PLAYER TROPHY</i> APPENDIX O</p>	<p>Coaches to meet after every State v State game to vote (5 for best, 4 for second, 3 for third, 2 for fourth, 1 for fifth, taking into consideration all players of both State teams) using the official ALA voting form for each qualifying round .</p> <p>Voting forms must be submitted to the Event Co-ordinator, or a nominated person, within 1 hour of the end of each game.</p> <p>When votes are counted at the end of the qualifying round the player with the most votes is the Best Player. In the event of two or more players receiving an equal number of votes a count back shall be undertaken and the winner shall be the player with the most first preference (5) votes. In the event of that being equal, the most second preference (4) votes.</p>		
<p>9.5 Most Valuable Player Awards</p>	<p>ALA to provide MVP awards (silver medal on royal blue ribbon) without cost to Host State.</p> <p>Most Valuable Player awards will be organised by the Event Co-ordinator, selected by own team Coach and presented by opposing team Coach, ALA Director or Host State VIP at the conclusion of every game.</p>	<p>To arrange ALA MVP Awards with ALA Director Competition. Coach to select own team MVP to be presented by opposing Coach or ALA/Host State VIP immediately after each game. Host State to appoint independent selectors (2) for finals.</p>	
<p>9.6 Participation Certificates Under 18 & Under 15 events</p>	<p>Participation certificates to be presented to all participating team members and Officials at an Under 18 Championship and Under 15 Tournament Closing Ceremony by an ALA endorsed representative. Costs to be paid by ALA Ltd.</p> <p>Participation Certificate template to be provided by ALA Director Competition for completion by Host.</p>	<p>To insert names per program.</p> <p>To distribute to team captains at Closing Ceremony</p>	<p>Ensure all team members and Officials receive a Certificate by supplying correct information.</p>

10. MEETINGS			
10.1 Managers' Meeting APPENDIX P	Schedule meeting to be held prior to commencement of first match or opening ceremony. All participating Member Associations must send one representative. Player/s cannot be added to a State team after this meeting, excluding the President's team. Championship/Tournament Co-ordinator to chair. PENALTY NON-ATTENDANCE - 1 UNIT	Arrange time and venue. Advise all teams & ALA Director Competition 6 weeks prior to event	To arrive in Host State prior to official opening/Day 1 of event. Ensure appropriate representative attends the Meeting
10.2 Coaches and Officials' Meetings APPENDIX P	Schedule meeting to be held prior to commencement of first match, preferably on the day prior to commencement of the event, and at the end of the second day of the event. All participating Member Associations must send one representative Coaches and officials to attend, to clarify rules and technical aspects of matches. ALA Director of Coaching or Officiating, or Host Referee-in-Chief/Umpire-in-Charge to chair. PENALTY NON-ATTENDANCE - 1 UNIT	Arrange time and venue. Advise all teams and ALA Directors of Coaching & Officiating and Competition 6 weeks prior to Championship	To arrive in Host Association State prior to Official opening/Day 1. Ensure appropriate representative attends the Meeting.
10.3 High Performance Meeting	Schedule a meeting to be held during the Championship if required by ALA. ALA Director of High Performance to chair. Member Association team Coaches, Captains, Championship Officials, and ALA Directors to attend to discuss matters of interest.	Arrange date, time and venue and include in program.	Ensure team coaches and captains attend and encourage players and officials to also attend.

**APPENDIX A
TEAM DETAILS**

Please complete and return to the Event Co-ordinator by/...../201

Member Association

..... team will be participating in the ALA Championship/Tournament to be conducted in from/..../ to/..../

Head Coach Mobile Email@.....

Manager Mobile Email@.....

TRAVEL INFORMATION (for teams travelling interstate) Team travelling by plane / train / bus/coach (circle one)

ARRIVAL: Date:/...../..... Estimated time of arrival am/pm. Flight No. (if applicable)

Arrival point:

DEPARTURE: Date/..../.... Time of departure am/pm Flight No.

Departure point:

ACCOMMODATION:

Name of accommodation:

Address:

Phone:

If your State is holding any State v State trophies, please ensure engraving is up-to-date and trophy/s is/are in optimum condition before delivery to Championship/Tournament Co-ordinator.

A team photograph of not less than 10cm x 16cm, no later than 4 weeks prior to commencement of event is required. Players to be all dressed the same, preferably in their State team uniform.

cc ALA Director of Competition

NON CONSENT IMAGE/PHOTOGRAPH

I **do not consent** to photographs and electronic images being taken of me during my participation in the ALA Championship / Tournament.

I **do not agree** that such photographs and electronic images are owned by the Australian Lacrosse Association Ltd. and the relevant State Association hosting the event and that they may not use the images/photographs for promotional or other purposes .

I **do not consent** to the use of my name, image, likeness or my performance in the event at any time by any form of media, to promote lacrosse.

Name of team: Uniform number

Player name (print) Signature:

Date: / /201

Parent/Guardian name (print) Signature

Date / /201

APPENDIX D
STATE TEAM ELIGIBILITY

75% of the players must reside for a continuous period of five calendar months directly prior to the first day of play of a Championship, in the relevant State to qualify as a State team:

- WOMEN: 16 players maximum, 12 players minimum per team.
- MEN: 21 players maximum, 12 players minimum per team.
- INDOOR MEN: 18 players maximum, 9 players minimum per team.
- AGED: GIRLS: 16 players maximum, 12 players minimum per team.
BOYS: 19 players maximum, 12 players minimum per team.
U15 BOYS: 17 players, 12 players minimum per team.

Member Associations with insufficient players for a State team must seek approval from the ALA Director Competition to participate in a National Championship.

After approval is granted, the ALA Director Competition to call for expressions of interest/nominations of players who wish to play for the named State team and forward to the relevant Member Association. The Member Association must arrange a permit from the relevant player/s Member Association per By-law 3.1.1.

PRESIDENT'S TEAM

A President's team will be formed to ensure a minimum of 4 teams participate, or to even the game schedule at a Championship and/or to fill the position of a State Association not participating.

Each State Association will select 5 players. The host State Association may select more than 5 players if required. The Coach and Manager may be from the host State Association or from a Member State Association.

ASSOCIATES TEAM

An Associates team is a Member Association's second aged team.

BILLETING - UNDER 15 TEAM (One team only)

Billeting preference to be given to the team incurring the greatest travel cost. Billeting may be declined if time deadline by Host Association not met. Working with Children or State equivalent should be held by adults billeting players.

**APPENDIX E
GAMES SCHEDULE**

The fixture for the event will be arranged by the ALA Director of Competition using rankings from the previous Championship/Tournament and circulated to participating Member Associations. On Day 1 1 v 2, 3 v 4, etc. will be played.

ALA Director Competition to distribute the Draw to the Championship/Tournament Co-ordinator, Member Associations and all competing teams 6 weeks prior to Championship. Member Associations must respond to ALA Director Competition with any proposed changes to game schedule within 7 days or will be considered to be in agreement with the schedule.

If a dispute occurs with the schedule the ALA Board to make the final decision and advise Member Associations and the **Championship/Tournament Co-ordinator**.

ALA Director of Competition to distribute Revised Draw to all participating teams, the Championship/Tournament Co-ordinator and ALA Directors 6 weeks prior to event.

ALA Director of Competition to distribute Final Draw to participating States and teams and the Event Co-ordinator at least 4 weeks prior to event.

Semi-finals are preferred if number of days allow.

TIE BREAKING FORMULA

For team positions on ladder, prior to finals.

In the event of a tie on points, this will be decided by :

- a) the result of the head-to-head game between the two teams (the winner gaining the higher ranking);
- b) the maximum difference in scores allowed for any game will be 12. For example, a score of 15 – 1 will be reduced to 13 – 1
Actual scores are used except those matches in which the goal differential exceeds 12.
- c) If teams are still tied, then the formula for goal differential will be used
$$\frac{\text{Goals For} - \text{Goals Against}}{\text{Total Goals}}$$

FIXTURES

For all events, Semi Finals are preferred wherever possible

4 Teams Schedule
Day 1. 1 v 2 3 v 4
Day 2. 1 v 3 2 v 4
Day 3. 4 v 1 2 v 3 Ladder results of Day 1, Day 2 and Day 3 to determine positions for semi-finals
Day 4. Rest Day or Semi Finals;
Day 5. Rest Day or Semi Finals;
Day 6. 1st place v 2nd place Final Gold Medal; 3rd place v 4th ranking final

Note: Semi Finals: 1st v 4th - winner to 1v2 Final, loser to 3v4 final
2nd v 3rd - winner to 1v2 Final, loser to 3v4 final)

5 Teams Schedule For a 5 Team Schedule the 6 Teams Schedule is used with the team scheduled to play team numbered 6 having a bye.

5 Teams Schedule contd.

Day 1. 1 v 2 3 v 4 5 v 6
 Day 2. 3 v 1 2 v 5 4 v 6
 Day 3. 1 v 4 2 v 6 5 v 3
 Day 4. 5 v 1 4 v 2 6 v 3
 Day 5. 1 v 6 2 v 3 4 v 5 Ladder results of Day 1, Day 2, Day 3, Day 4 and Day 5 to determine positions for Semi-finals or Finals option.
 Day 6. Semi Final or Finals optional; FINAL 1st place v 2nd place Final Gold Medal; 3rd place v 4th place ranking final; 5th place v Bye
 Day 7. If Semi Finals played on Day 6, Day 7. FINALS 1st place v 2nd place Final Gold Medal; 3rd place v 4th place ranking final; 5th place v Bye

Note: Semi Finals: 1st Bye
 2v3, winner to 1v2 Final, loser to 3v4 final
 4v5, winner to 3v4 Final, loser to 5th place

6 Teams Schedule

Day 1. 1 v 2 3 v 4 5 v 6
 Day 2. 3 v 1 2 v 5 4 v 6
 Day 3. 1 v 4 2 v 6 5 v 3
 Day 4. Rest Day OR 5 v 1 4 v 2 6 v 3
 Day 5. Rest Day OR 5 v 1 4 v 2 6 v 3
 Day 6. 1 v 6 2 v 3 4 v 5 Ladder results of Day 1, Day , Day 3, Day 4, Day 5 and Day 6 to determine positions for Finals
 Day 7. 1st place v 2nd place Final Gold Medal; 3rd place v 4th place ranking final; 5th place v 6th place ranking final

Fixture for 7 Teams (One Pool of 7 Teams)

– Teams in ranked order from previous year (wherever possible).
 1 team plays 2 games per day. Common Rest Day may be included. No Semi-finals

Day 1.	1 v 2	3 v 4	5 v 6	7 v 1	
Day 2.	1 v 3	5 v 7	2 v 4	3 v 6	7 v 2
Day 3	6 v 4	2 v 5	3 v 7	1 v 4	
Day 4	Rest day for all teams				
Day 5	4 v 5	2 v 3	7 v 6	1 v 5	
Day 6	1 v 6	3 v 5	4 v 7	2 v 6	
Day 7	1 st place v 2 nd place Gold Medal	3 rd place v 4 th place ranking final	5 th place v 6 th place ranking final	7 th place v Bye	

Fixture for 8 teams (Two Pools of 4 teams) (can also be used for 7 teams; one pool of 4 teams and one pool of 3 teams and a bye). Semi-finals preferred.

	Pool A	Pool B
	4 Teams	4 Teams
Day 1.	1v2 ; 3v4	1v2 ; 3v4
Day 2.	1v3 ; 2v4	1v3 ; 2v4
Day 3	4v1 ; 2v3	4v1 ; 2v3
Day 4	Pool A ladder calculated independently. Pool B ladder calculated independently. Ladder results of Day 1, Day 2 and Day, 3 of each pool to determine positions for Crossover Round Rest Day OR Crossover Round 1st Pool A v 3rd Pool B 1st Pool B v 3rd Pool A 2nd Pool A v 4th Pool B 2nd Pool B v 4th Pool A	
Day 5	Rest Day OR Crossover Round 1st Pool A v 3rd Pool B 1st Pool B v 3rd Pool A 2nd Pool A v 4th Pool B 2nd Pool B v 4th Pool A	
Ladder calculated following Crossover Round to determine Semi Finals. Crossover Round game results for each team are applied to each respective Pool A and Pool B ladder. Pool A and Pool B ladders to determine positions for Semi-Finals.		
Day 6	Semi Finals SF4 3rd Pool B v 4th Pool A SF3 3rd Pool A v 4th Pool B SF2 1st Pool B v 2nd Pool A SF1 1st Pool A v 2nd Pool B	
Day 7	Finals 7 th place v 8 th place Loser SF3 v Loser SF4 5 th place v 6 th place Winner SF3 v Winner SF4 3 rd place v 4 th place Loser SF1 v Loser SF2 Gold Medal 1 st place v 2 nd place Winner SF1 v Winner SF2	

First named team is the Home team. For an odd number of teams, the highest numbered team is the bye.

Fixture for 10 teams (Two Pools of 5 teams) (can also be used for 9 teams; one pool of 5 teams & one pool of 4 teams and a bye). Semi-finals preferred.

	Pool A	Pool B
	5 Teams & Bye (6 is Bye)	5 Teams & Bye (6 is Bye)
Day 1.	1v2 ; 3v4 ; 5v6	1v2 ; 3v4 ; 5v6
Day 2.	1v3 ; 2v5 ; 4v6	1v3 ; 2v5 ; 4v6
Day 3	4v1 ; 5v3 ; 2v6	4v1 ; 5v3 ; 2v6
Day 4.	1v5 ; 2v4 ; 3v6	1v5 ; 2v4 ; 3v6
Day 5.	2v3 ; 4v5 ; 1v6	2v3 ; 4v5 ; 1v6
Day 6	<p>Pool A ladder calculated independently. Pool B ladder calculated independently. Ladder results of Day1, Day 2, Day3, Day 4 and Day 5 of each Pool to determine positions for Crossover Semi-Finals Crossover Semi Finals if 5 teams in pool. SF1 1st Pool A v 2nd Pool B SF2 1st Pool B v 2nd Pool A SF3 3rd Pool A v 4th Pool B SF4 3rd Pool B v 4th Pool A SF5 5th Pool A v 5th Pool B</p>	
	<p>Ladder calculated following Crossover Semi Finals to determine Finals. Crossover game results for each team are applied for each respective Pool A and B ladder for Ranking Finals Pool A and Pool B ladders to determine positions for Finals.</p>	
Day 7.	<p>Finals 9th place v 10th place Winner SF5 v Loser SF5 7th place v 8th place Loser SF3 v Loser SF4 5th place v 6th place Winner SF3 v Winner SF4 3rd place v 4th place Loser SF1 v Loser SF2 Gold Medal 1st place v 2nd place Winner SF1 v Winner SF2</p>	

First named team is the Home team. For an odd number of teams, the highest numbered team is the bye.

Fixture for 12 teams (Two Pools of 6 teams) (can also be used for 9 teams; one pool of 5 teams & one pool of 4 teams and a bye). Semi-finals preferred.

	Pool A	Pool B
	6 teams	6 teams
Day 1.	1v2 ; 3v4 ; 5v6	1v2 ; 3v4 ; 5v6
Day 2.	1v3 ; 2v5 ; 4v6	1v3 ; 2v5 ; 4v6
Day 3	4v1 ; 5v3 ; 2v6	4v1 ; 5v3 ; 2v6
Day 4.	1v5 ; 2v4 ; 3v6	1v5 ; 2v4 ; 3v6
Day 5.	2v3 ; 4v5 ; 1v6	2v3 ; 4v5 ; 1v6
Day 6	Rest Day if 6 teams in pool;	
	Ladder calculated following Pool Round to determine Ranking Finals. Pool A ladder calculated independently. Pool B ladder calculated independently. Ladder results of Day 1, Day 2, Day 3, Day 4 and Day 5 of each pool to determine positions for Ranking Finals	
Day 7.	Ranking Finals 9 th place v 10 th place - 5th Pool A v 5th Pool B 7 th place v 8 th place - 4th Pool A v 4th Pool B 5 th place v 6 th place - 3rd Pool A v 3rd Pool B 3 rd place v 4 th place - 2nd Pool A v 2nd Pool B Gold Medal 1 st place v 2 nd place - 1st Pool A v 1st Pool B	

UNDER 15

Each team shall play every other team in the competition or in their pool in accordance with the draw schedule, wherever possible.

The sequence of qualifying round games shall be determined by assigning each team a number.

The game schedule is then prepared in accordance with the draw for relevant teams participating as above.

When two pools are required, **7 - 8 teams or more**, placings from the previous year to be used to form pools; wherever possible.

i.e. 1, 3, 5, 7, 9 in one pool and 2, 4, 6, 8, 10 in the other pool, with a balance of teams from the same State in each pool; wherever possible.

When only one 'pool' is involved – 5th placed vs. 6th placed, 3rd placed vs. 4th placed, 1st placed vs. 2nd placed Tournament Winner

When two pools are required, one round is scheduled, a cross-over round (if days of play allow), followed by Semi Finals (not played if 7 teams participate) (if days of play allow, followed by Finals, shall be played according to the above schedules.

When the tournament has more than 6 teams nominated, with more than 1 pool required, the host organisation is responsible for ensuring that there is an even number of teams (8,10,12) participating to provide an equal number of games for all teams.

INFECTIOUS DISEASES POLICY
Sports Medicine Australia (July 1997)

A number of blood-borne infectious diseases can be transmitted during body contact and collision sports. The more serious include viral hepatitis and HIV (AIDS) infections. It is important to remember that more common diseases, such as the common cold, flu, and herpes simplex may be spread during body contact sports.

These may be extremely debilitating and potentially disastrous for the team and/or individual. These diseases may be spread by direct contact between broken skin or mucous membranes and infected blood and other body fluids and substances.

Note: There is no current evidence that sweat, urine or tears will transmit these infective viruses.

The following recommendations may reduce the risk of transmitting infectious diseases.

All open cuts and abrasions must be reported and treated immediately.

Players:

1. It is every participant's responsibility to maintain strict personal hygiene at all times, in all activities on and off the field (this includes safe sex by the use of condoms), as this is an effective method of controlling the spread of disease.
2. It is strongly recommended that all participants involved in contact/collision sports and playing under adult rules be vaccinated against Hepatitis B.
3. All participants with prior evidence of these diseases are strongly advised to obtain confidential advice and clearance from a doctor prior to participation.

Team Areas:

1. It is the Host Association's responsibility to ensure that the dressing rooms are clean and tidy. Particular attention should be paid to hand basins, toilets and showers. Adequate soap, paper hand towels, brooms, refuse disposal bins and disinfectants must be available at all times.
2. Communal bathing areas (e.g. spas) should be strongly discouraged. These may be the source of other diseases (e.g. Legionnaire's disease) as well as facilitating the spread of the blood borne diseases mentioned above.
3. The practices of spitting and urinating in team areas is not permitted.
4. All clothing, equipment and surfaces contaminated by blood must be treated as potentially infectious. Equipment and surfaces should be cleaned immediately if soiling or spills occur.

When cleaning up blood and body substances

- Gloves must be worn
- If the blood spill is large, confine and contain the spill (i.e. try not to let it run everywhere)
- Remove the bulk of the blood and body substances with absorbent material, e.g. paper towels
- Place the paper towels in a sealed plastic bag and dispose with normal garbage, Clean the spill site with a detergent solution
- Wipe the site with disposable towels soaked in a 1:10 solution of bleach.

Routine laundry procedures are adequate for the processing of all linen.

Routine washing procedures using hot water and detergents are adequate for decontamination of most laundry items. Therefore clothing with dried blood on it can, if necessary, be soaked in cold water only to release the blood prior to a normal hot detergent wash.

Gloves should be worn when handling or washing soiled linen. General utility gloves, i.e. rubber household gloves, can be used for this task. The gloves should be washed in detergent after use, or discarded if they are peeled, cracked, discoloured, torn, punctured or have other evidence of deterioration.

Contaminated linen soiled with blood or body substances should be transported in a leak proof plastic bag to the laundry site simply to contain the body fluid and stop it spreading to the other laundry items. Contaminated linen does not need to be segregated in the hot detergent wash.

5. Sharing of towels, shaving razors, face washers and drink containers **MUST NOT** occur.
6. It is strongly recommended that all personnel working in contact/collision sport team areas should be vaccinated against Hepatitis B.
7. Water containers should be available for each individual player and not shared by players as bleeding around the mouth is common in contact sports.

Minimising the Risk of HIV and Viral Hepatitis Transmission:

The following are principals recommended by SMA and ANCARD to help further reduce the low possibility of HIV or Viral Hepatitis transmission while participating in sports which involve direct body contact or where bleeding may be expected to occur.

1. Those attending to bleeding players should wear non-utility gloves, i.e. disposable latex or vinyl gloves which must never be reused.
These must be worn when: direct contact is anticipated with blood or body substances, mucous membranes, or non-intact skin, as when attending to first-aid of a bleeding player or handling items or contact surfaces contaminated with blood or body substances.
Gloves must be changed and discarded as soon as they are torn or punctured or after contact with each player.
Hands must be washed after removal and disposal of gloves.
2. Disposable resuscitation devices should be available and accessible. They should be used for anyone requiring mouth-to-mouth contact between the injured person and the resuscitator.
3. If a player has a skin lesion it must be immediately reported to the responsible official and medical attention sought.
4. If a skin lesion is observed it must be immediately cleansed with suitable antiseptic and securely covered.
5. If a bleeding wound occurs the individual's participation must be interrupted until the bleeding has been stopped and the wound is both rinsed with plenty of water and if dirty, washed with soap and covered with a waterproof dressing.
6. Separate first-aid room should be available for the treatment and suturing of wounds.

Action to be Taken in the Event of a Blood Spill:

In an accident where bleeding occurs and if –

1. skin is penetrated or broken, the immediate first aid is to clean the wound with soap and water only. If water is not available a 70% alcohol hand rub should be used.
2. Clothes are bloodstained, they should be changed for clean ones once the wound has been treated. They should be handled with rubber gloves and treated as above.
3. Blood gets on the skin, irrespective of whether they are cuts or abrasions, wash well with soap and water.
4. Eyes are contaminated rinse the area gently but thoroughly, with the eyes open, with water or normal saline.
5. A player is wearing contact lenses :
 - Leave the contact lenses in while the eye is irrigated with water or normal saline, the contact lenses are acting as a barrier to the eye.
 - When the eye has been adequately irrigated for several minutes, remove the contact lenses and clean in the normal manner.
 - They can be reused. They do not have to be cleaned any differently than normal and they do not need to be discarded.
6. Blood gets in the mouth, spit it out and rinse the mouth with water several times.

Where there is an additional concern about infection, medical advice should be sought from a physician or clinic where there is experience in the management of HIV infection.

Game Officials:

1. Officials must report all open cuts and abrasions at the first available opportunity.
2. It is strongly recommended that those who officiate in body contact and collision sports should be vaccinated against Hepatitis B.
3. All contaminated clothing and equipment must be replaced prior to the player being allowed to resume play.
4. If bleeding should recur, the above procedures must be repeated.
5. If bleeding cannot be controlled and the wound securely covered, the player must not continue in the game.

WEATHER POLICY - HEAT

ALA has formulated this heat policy to minimise the risk of injury, illness and possible death in national lacrosse competitions by assisting administrators, officials, coaches and participants to recognize and manage potentially dangerous situations. This document includes recommendations and procedures for hot conditions.

Recommendations and procedures for hot conditions

Background: There is scientific evidence which indicates that undertaking moderate to high intensity exercise in extreme heat is dangerous. The scientific evidence uses Wet Bulb Globe Temperature (WBGT) as the best measure of heat strain currently available. WBGT is not the same as air temperature; it accounts for levels of humidity, radiation, wind movement and air temperature. The Bureau of Meteorology provides detailed information about temperature conditions (both ambient and WBGT) wind speed and relative humidity for many regions in Australia www.bom.gov.au/products/IDS65004.shtml or click the "Local Hot Weather alerts" button at www.sma.org.au

The following procedures and recommendations will be implemented at all ALA sanctioned events to minimize the risk of heat illness and injury. **These will be implemented by the Championship/Tournament Co-ordinator, in conjunction with the ALA Director Competition or proxy.**

1. Timing of Games

Where possible, matches should be scheduled to avoid hot conditions.

Where possible games should also be avoided between 11am and 6pm during the summer months. Where this is not possible, the hours between 11am and 3pm should be avoided.

2. Temperature during games including duration

Ambient Temperature (Celsius)	Outcome
Less than 25 degrees	Match played per normal conditions
26 degrees – 30 degrees	Moderate risk. Match played per normal conditions
31 degrees – 35 degrees	High to very high risk. Time out for water break every 10 mins Stop clock in last 2 mins of each half ONLY (WOMEN) Consideration given to extending half time
36 degrees (30 degrees WBGT)	Match postponed

The temperature should be measured with a standard thermometer in the middle of the ground 15 minutes prior to the commencement of the game. If the measured temperature is 36 degrees Celsius or higher the game will be postponed. The game will not commence unless the measured temperature is less than 36 degrees Celsius. The temperature should be checked at half time.

Once a game commences it shall conclude according to the rules of the competition.

If the match is postponed, the score will remain. The match will be re-started on the same day with the existing score and the time remaining on the clock will be played.

WOMEN: If 80% of the game has been completed (48 mins. of 60 mins.), the game is considered complete and the score will stand (FIL rule).

3. Hydration

The more a participant sweats, the more fluid must be consumed to avoid dehydration. High levels of dehydration may increase the risk of heat stress. To diminish the risk of heat stress fluid should be consumed before, during, and after activity.

It is recommended participants drink at least 500 ml (2 glasses) in the 2 hours prior to playing or training to promote adequate hydration and allow time for excretion of excess water.

During competition games, training or strenuous activities it is recommended that participants drink fluid at regular intervals to replace water lost through sweating.

Participants should aim to drink at least 150ml every 15 minutes, however, this amount may vary dependent on the rate of sweating. Fluid taken should be cooler than the air temperature.

Participants should aim to drink at least 150ml every 15 minutes

Water is an adequate fluid option for activities lasting up to one hour. Participants competing in games, events or training activities exceeding one hour are recommended to drink 2-3 cups (500-700 ml) of cool water or sports drinks containing 6-8% carbohydrates as a means of replacing fluids, carbohydrates and electrolytes lost during prolonged activity. These drinks include commercially available sports drinks.

Participants should be encouraged to drink fluids during time outs, at half time and whilst on the 'bench' and provided with convenient access to cool fluids during breaks of play without unnecessary interruption to the game or event.

Cool water or other recommended fluids are available to consume during breaks, in games and training sessions.

Participants are encouraged to use personal drink bottles for use at games and training sessions.

Provision of a water break every 10 mins. when the temperature is between 31–35 degrees.

4. Shade and Sun Protection

Adequate shade is necessary for players whilst not actively participating in the game as this assists with recovery and provides protection from the sun. Sunscreen is also an important element of sun protection, Sunscreen should be applied 20 mins. before, and at recommended, regular intervals throughout games and activity.

Sunscreen (SPF30+) is provided for use by all participants.

Where fixed shade is unavailable, it is recommended that portable shade such as large umbrella's, shade cabanas, etc. be erected.

The host Association is also required to provide the address of a local swimming pool, beach or other water recreation facility.

Further information can be found at Sports Medicine Australia www.sma.org.au

WEATHER POLICY - LIGHTNING

In the absence of technology to assist with weather evaluation, the games will be suspended when the '*flash to bang*' count for lightning is less than 30 seconds. To estimate the proximity of lightning from the location, if the delay between observing a lightning flash and hearing subsequent thunder is 30 seconds or less, or if dangerous looking thunder clouds are building overhead, the lightning safety action plan must be implemented without delay.

All participants, including players, game officials, bench officials, ball persons and others must go indoors at the earliest opportunity. Players to go their respective locker room or other safe shelter, and spectators instructed to proceed to their cars or designated adjacent buildings.

If it is subsequently possible to resume the game, then teams shall be allowed to warm-up on the field of play as follows:

- i) If the delay from leaving the field to re-entering the field is not more than 30 minutes, then a 10 minute warm-up will be allowed.
- ii) If the delay is more than 30 minutes, but not more than 60 minutes, then a 15 minute warm-up will be allowed.
- iii) If the delay is more than 60 minutes, then a 20 minute warm-up will be allowed. By mutual consent of both coaches, the above warm-up times may be shortened.

In the event of a match not being completed because of darkness, bad weather, or any circumstances whereby the head official thinks it inadvisable to continue playing, such uncompleted match shall be referred to ALA Director of Competition for adjudication of a result.

Refer FIL Men's Rule 30 and Women's Rules Appendix D

CONCUSSION POLICY

Produced by Dr Ryan Kohler – All rights reserved worldwide – April 2013 ALA Concussion Policy

This policy is available on the ALA website lacrosse.com.au and includes a reference list.

This policy is based on current international concussion opinion. The welfare of all lacrosse players in Australia depends on concussion being recognised and correctly managed by a medical doctor. The policy guidelines should be adhered to at all times.

Concussion is a disturbance in the brain's ability to acquire and process information. The reduced function of the brain represents damage to nerve cells (neurons). The neurons can be damaged by a direct blow to the head which causes the brain to rotate and/or move forward and backward. Indirect impact to the body can transfer an impulsive force to the brain which damages neurons.

The affect that this has on the athlete can vary from person to person, depending on which part of the brain is affected. The impact can cause concussion signs visible to those who witnessed the collision.

Concussion should be suspected if these **signs** are observed

- Unresponsiveness
- Upper limb muscle rigidity
- Upper limb spontaneous movement
- A fit / seizure soon after contacting the surface
- Balance difficulty
- Slow responses
- Vacant stare
- Confusion
- Disorientation
- Holding the head
- Facial injury
- Speech slurring

Minutes to hours after the impact injury the player may complain of

- Headache
- Nausea / vomiting
- Blurred vision
- Memory loss / difficulty
- Dizziness
- Tiredness
- Not feeling right
- Sensitive to bright light and loud noise

Days to weeks after the impact the player could have / feel

- Sleep difficulty
- Persistent low grade headache
- Poor attention and concentration
- Sad or irritable or frustrated
- Tired easily
- Lethargic, low motivation

TAKE HOME MESSAGE

A player does not have to lose consciousness to have a concussion. Symptoms can evolve over time – keep monitoring the athlete for at least 72 hours.

How Common is Concussion in Lacrosse

The epidemiological data on concussion rates in lacrosse are published on United States High School studies. In boy's college lacrosse concussion occurs at a rate of 0.30 / 1000 games, practices. In girl's college lacrosse concussion occurs at a rate of 0.20 / 1000 games, practices. The concussion rate is higher in boys despite the fact that they wear helmets and girls wear mouthguards and eye protection.

Why Worry About It

It is recognised that most concussions get better in 7 to 10 days. However, ignoring concussion signs and symptoms or not recognising them, can result in potential catastrophic consequences. Acute brain swelling, traditionally referred to as "Second Impact Syndrome" is usually fatal. Prolonged symptoms, recurrent concussion, learning difficulties, personality problems have also been reported.

What Should Parents, Coaches and Other Support Staff Do Before the Season

Prepare for the sports season by studying up on concussion. Have the resources with you that allow easy recognition of possible concussion. Have easy access to a check list of the warning signs of structural brain injury. Know where the closest medical help is in relation to the current location. Find the closest emergency department or medical practice. Complications can occur if the player is returned to play before they have recovered from their concussion. Consider baseline computerised brain function testing (Axon, ImpACT) for the following reasons:

- Detects when impaired brain function lasts longer than the athlete has symptoms.
- Provides precise measures of reaction time are provided for repeated testing over time.
- Provides extra information in players with previous concussion.
- Helps to find those players with delayed brain function recovery who need more detailed testing with a neuropsychologist.
- Is a useful add-on to clinical assessment and judgement.
- Of medico legal benefit to show that all available resources were used in a concussion case.
- The test is easy to administer and takes a short time.

- Athletes can under report their symptoms in order to keep playing.
- Younger players may not recognise the symptoms of concussion.
- Athletes may be overly anxious
- Need added assurance for aggressive return to play decisions in professional sport.

What Should Parents, Coaches and Other Support Staff Do at the Sideline

identify suspected concussion. Any player with suspected concussion must be withdrawn from playing or training immediately. Furthermore, no player with concussion should be returned to play in the same game or practice game later that day. ALL players with concussion or suspected of concussion need an urgent medical assessment. In the days or weeks following concussion, a player should not be allowed to return to play or train until they have had a formal medical clearance.

TAKE HOME MESSAGE

Any player with suspected concussion should be removed from play and not return to sport or training that day. All players with suspected concussion should see a medical doctor as soon as possible.

How to manage the Unconscious Player

Basic first aid principles apply. Protect the player's neck and secure an open airway. Urgent hospital referral is necessary for any player who has lost consciousness as a result of a blow to the head or body. Indications for urgent referral to hospital include:

- Fractured skull
- Penetrating skull trauma
- Loss of consciousness
- Deterioration in conscious state following injury
- Increasing confusion
- Worsening headache post injury
- Persistent vomiting
- Any convulsive movements
- Focal neurological signs
- More than one episode of concussive injury in a match or training session
- All children with head injuries
- High-risk patients (e.g. haemophilia, anticoagulant use)
- High-risk injury mechanism (e.g. high velocity impact, missile injury)
- Inadequate post injury supervision

See a Medical Doctor

A Concussed player should be followed up by a medical doctor with experience in managing concussion. The medical doctor should see the player on a number of occasions, performing serial assessments. At the first visit, the doctor will do a full neurological examination and document current symptoms. It is recommended that balance testing and computerised neuropsychological testing document the recovery process. Recovery from concussion may take longer in younger players (under 18), therefore a conservative approach to playing sport again should be followed.

How Does the Athlete Get Back to Playing Lacrosse

Players should return to activity only after symptoms have gone away. Initial balance and visual training can start within days of concussion. Once the player feels well, exercise can begin and be made more challenging every 24 hours. If players start to feel unwell during or after exercise, they should rest for 24 hours and then attempt the same exercise challenge. Only when a player has written medical clearance from a medical doctor who has been handed onto their coach, can that player start contact training / practiced sessions.

LACROSSE ACTION PLAN

Recognise



Remove from play



Find a Doctor



Medical assessments



Brain function testing



Rehabilitation



Final medical clearance

AVAILABLE RESOURCES FOR PARENTS AND COACHES: AFL, Sports Concussion Australasia, Mayo Health, Axon Sports, Sports Concussion South Africa, Sports Medicine Australia.

CONCUSSION TOOLS: Concussion Recognition Tool (CRT) SCAT3 FirstResponder

SOCIAL MEDIA COMMUNICATION POLICY

Our Commitment

Electronic communication is essential for sharing ALA/Association/Club news and information with our members. Our communication will be timely, appropriate and related to Australian Lacrosse Association business.

What we will do

We use a range of electronic tools to communicate with our members.

Our communication will protect members’ privacy, maintain clear boundaries and ensure that bullying and harassment does not occur.

A webmaster and/or nominated person will be appointed to provide accountability and control over material published on our association website and any related discussion groups or social media websites, such as Facebook, YouTube or Twitter.

Website

Our website will include current information on competitions, social events, committees, policies, programs, constitution, rules and by-laws.

No offensive content or photos will be published.

If we intend to publish a photo of a child, we will first seek permission from his or her parents and take care not to provide identifying information or if shared from a Member Association or Club site assume that this permission has already been given.

We will seek feedback from members to improve the information available on the site.

SMS and Email

Committee members, coaches and team personnel may use SMS and email to provide information about competition, training, appropriately sanctioned social events and other business, however:

SMS messages should be short and about club/team matters;

Email communication will be used when more information is required; and

Communication involving children will be directed through their parents.

Social Media Websites

We treat all social media postings, blogs, status updates and tweets as public ‘comment’.

Postings (written, photos or videos) will be family-friendly and feature positive club, MA and Association news and events.

No personal information about our members will be disclosed.

No statements will be made that are misleading, false or likely to injure a person’s reputation.

No statements will be made that might bring our association into disrepute.

Abusive, discriminatory, intimidating or offensive statements will not be tolerated. Offending posts will be removed and those responsible will be blocked from the site.

What we ask you to do

We expect our members to conduct themselves appropriately when using electronic communication to share information with other members or posting material on public websites connected to the club/Association/etc.

Electronic Communication

Should be restricted to ALA/Member Association/Club matters.

Must not offend, intimidate, humiliate or bully another person.

Must not be misleading, false or injure the reputation of another person.

Should respect and maintain the privacy of members.

Must not bring the ALA/Member Association/club/individual into disrepute.

Coaches and others who work with children and young people must direct electronic communication through the child’s parents.

Non-compliance

Members may face disciplinary action for sending inappropriate electronic communication or posting online content or comments that harass, offend, intimidate or humiliate another member, as outlined in our member protection policy or code of conduct.

Under certain circumstances, cyber bullying (e.g. bullying that is carried out through an internet service such as email, a chat room, discussion group, instant messaging or website) is a criminal offence that can be reported to the police.

In addition, members who publish false or misleading comments about another person in the public domain (e.g. Facebook, YouTube or Twitter) may be liable for defamation.

This information is provided by *Play by the Rules, with ALA modifications* and is not intended as a substitute for legal or other professional advice.

www.playbytherules.net.au, www.ausport.gov.au **ALA SOCIAL MEDIA COMMUNICATION POLICY AGREEMENT**

I have read and understood the ALA Social Media Communication Policy and will abide by it as a member of

Signature: Date:

If under 18 years of age, parent/guardian signature:

MEMBER PROTECTION POLICY

The ALA Member Protection Policy applies to all ALA competitions. This policy is available on the ALA website lacrosse.com.au. B3 General Codes of Conduct is listed below.

GENERAL CODES OF CONDUCT

The following is to be adhered to unconditionally as member of ALA, a Member Association (MA) or an affiliated club or a person required to comply with ALA's Member Protection Policy that applies to all ALA competitions.

The following requirements must be met in regard to your conduct during any activity held or sanctioned by ALA, an MA or an affiliated club and in any role you hold within ALA, a MA or an affiliated club:

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealings with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to ALA's standards, rules, regulations and policies.
6. Operate within the rules of the sport including national and international guidelines which govern ALA, MAs and affiliated clubs.
7. Do not use your involvement with ALA, an MA or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of ALA, a MA or an affiliated club.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring ALA, a MA or an affiliated club into disrepute.
12. Provide a safe environment for the conduct of the activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this code of conduct.

COACH CODE OF CONDUCT

In addition to ALA's General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by ALA, an MA or an affiliated club and in your role as a coach appointed by ALA, an MA or an affiliated club:

1. Do not tolerate acts of aggression.
2. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
3. Recognise players' rights to consult with other coaches and advisers. Co-operate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
4. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
5. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
6. Involve the players in decisions that affect them.
7. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
8. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.

9. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
10. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
11. Avoid situations with your players that could be construed as compromising.
12. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
13. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
14. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
15. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
16. Be honest and ensure that qualifications are not misrepresented.
17. Accept and follow an ALA Director's directive when engaged with any ALA team

OFFICIALS' CODE OF CONDUCT

In addition to ALA's General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by ALA, a MA or an affiliated club and in your role as an official appointed by ALA, a MA or an affiliated club:

1. Place the safety and welfare of the players/participants above all else.
2. Accept responsibility for all actions taken.
3. Be impartial.
4. Avoid any situation which may lead to a conflict of interest.
5. Be courteous, respectful and open to discussion and interaction.
6. Value the individual in sport.

PLAYERS' CODE OF CONDUCT

In addition to ALA's General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by ALA, an MA or an affiliated club and in your role as a player/participant in any activity held by or under the auspices of ALA, an MA or an affiliated club:

1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
2. Do not tolerate acts of aggression.
3. Respect the talent, potential and development of fellow players and competitors.
4. Care for and respect the equipment provided to you as part of your program.
5. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
6. At all times avoid intimate relationships with your coach.
7. Conduct yourself in a professional manner relating to language, temper and punctuality.
8. Maintain high personal behaviour standards at all times.
9. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
10. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
11. Co-operate with coaches and staff in development of programs to adequately prepare you for competition at the highest level.

PARENT/GUARDIAN CODE OF CONDUCT

As a parent/guardian of a player/participant in any activity held by or under the auspices of ALA, an MA or an affiliated club, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Respect the rights, dignity and worth of others.
2. Remember that your child participates in sport for their own enjoyment, not yours.
3. Focus on your child's efforts and performance rather than winning or losing.
4. Never ridicule or yell at your child and other children for making a mistake or losing a competition
5. Show appreciation for good performance and skilful plays by all players (including opposing players).
6. Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons under 18 years of age, as your words and actions are an example.
7. Respect officials' decisions and teach children to do likewise.
8. Do not physically or verbally abuse or harass anyone associated with the sport (player, coach, umpire and so on).
9. Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
10. Be a positive role model.
11. Understand the repercussions if you breach, or are aware of any breaches of, this code of conduct.

SPECTATOR CODE OF CONDUCT

As a spectator in any activity held by or under the auspices of ALA, an MA or an affiliated club, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Respect the decision of officials and teach young people to do the same.
2. Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
3. Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
4. Show respect for your team's opponents. Without them there would be no game.
5. Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledge or harass players, coaches, officials or other spectators).
6. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Full instructions for field markings are available on ALA website lacrosse.com.au

Competition

Rules

STATE TEAM UNIFORM COLOURS

Reversible top with secondary colour predominant required when a team is playing another team with a similar coloured shirt – refer ALA By-law 3.10

State Team	Top	Skirt or shorts	Undergarments
New South Wales	Light Blue Dark Blue numbers	Dark Blue	Dark Blue
President's (Women)	Orange and Black Black numbers	Black	Black
President's (Men)	Dark blue, gold trim, gold shoulders/sleeves Gold numbers outlined in red.	Dark Blue	Dark
Queensland	Maroon with gold trim	Maroon	
South Australia (Men)	Red with gold & royal blue trim Gold numbers	Red	
South Australia (Women)	Red with gold & royal blue trim Gold numbers	Red	Dark
South Australia Associates	Red Yellow numbers		
Tasmania	Dark Green/Red Trim Yellow numbers	Dark Green	Dark Green
Victoria	Dark Blue/White Trim White numbers	Dark Blue	Dark Blue
Victoria Associates	White/Dark Blue Trim Dark numbers	Dark Blue	Dark Blue
Western Australia	Gold Black numbers	Black	Black
Western Australia Associates	Black Gold numbers	Black	Black
U15 Tournament Team			
No team may use a name which incorporates the name of any State.			
Bears (NSW Girls)		Blue	Blue
President's (Boys)	Dark Blue with gold trim on sleeve/bottom of shirt Yellow numbers	Dark Blue	
President's (Girls)	Pink/Black trim Black numbers	Black	Black
Pumas (Queensland Girls)			

Lightning	(SA Girls)	Grey, purple & yellow Yellow numbers	Purple yellow trim	
Storm	SA Girls)	Pink, black & white White numbers	Black, pink trim	
Comets	(SA Girls)	Light blue, navy & white White numbers	Navy, blue trim	
Hurricanes	(SA Girls)			
Stingrays	(SA Boys)	Orange, grey Orange numbers	Orange, grey trim	
Phantoms	(SA Boys)	Purple, black Purple numbers outlined in white	Black, purple trim	
	(Tasmania Boys) (Tasmania Girls)			
Fire	(Vic Girls)	Midnight blue Orange numbers	Navy Blue	Dark
Ice	(Vic Girls)	White trim Light blue numbers	Navy Blue	Dark
Sparks	(Vic Girls)		Navy Blue	Dark
Eastside Kings	(Vic Boys)	Silver/grey with maroon trim		
Northern Warriors	(Vic Boys)	Orange/white trim White numbers	Orange Black/white trim	Black
Western Metro	(Vic Boys)	Black with blue/white trim	Black	
Southern Crosse	(Vic Boys)	Red with blue/white trim White numbers	Red	
Hurricanes	(Vic Boys)	Grey with navy blue/white trim		
Northern Thunder	(WA Boys)	Maroon with pale blue/white trim Pale blue numbers	Maroon pale blue trim	
Southern Braves	(WA Boys)	Blue with green/white trim Red numbers	Blue with green/red trim	
West Coast Lightning	(WA Boys)			
Breakers	(WA Girls)	Ocean blue/green	Black	Black
Flames	(WA Girls)	Black with orange trim	Black	Black
Stars	(WA Girls)	Purple with yellow trim	Black	Black
Regional Teams (Men)				
Under 17 SA		Purple/green		
Under 17 Vic Northern Knights		Orange with charcoal/royal blue trim		
Under 17 Vic South East Titans		White with charcoal/red/royal blue trim		

APPENDIX I
CHAMPIONSHIP/TOURNAMENT REPORT

The report to be typed, collated and distributed **within two months** of the conclusion of the event to Member Association Secretaries, ALA Directors of Administration and Competition, ALA Historian. **NB Under 15 Tournament and Men's Indoor Championship** must provide match results, MVP Awards, trophy winners and All Stars Team (Indoor) **at the conclusion of the event** for the ALA Annual Report in the year of the event.

The report to include -

Tournament organisation dates, weather conditions

Medical Drug testing

Conduct of Tournament

Venue Cost
Playing field/s
Warm up ground/s
Change rooms
Flag poles and banners
Administration office
Canteen facilities
Tribunal

Copy of Program (program includes items below)

Messages
Advertising
Other
Sponsorship Sponsors
Teams List of members and photographs of teams
Officials List of Officials, Event Referee-in-Chief, Umpire-in-Charge and photographs
Draw
Championship/Tournament Co-ordinator

Officials and Personnel

Management Committee
Catering Co-ordinator
Finance Co-ordinator
Grounds and associated equipment Co-ordinator
Media Co-ordinator

Publicity and Promotion

Media coverage Contacts
List/copies of publicity received

PLAYERS' OATH

On behalf of my fellow lacrosse players, I promise that during the Australian Lacrosse Association's

Senior Championship

Men's Indoor Championship

Under 18 Championship

Under 15 Tournament

We shall endeavour at all times to play within the rules and spirit of the game.

We will treat our opponents with respect and co-operate with our Coaches and team.

We will accept the decisions of the officials in the true spirit of sportsmanship, and will uphold the honour of our sport.

OFFICIALS' OATH

In the name of all officials, I promise that during the Australian Lacrosse Association's

Senior Championship

Men's Indoor Championship

Under 18 Championship

Under 15 Tournament,

We will uphold the rules of lacrosse and apply them with consistency, fairness and integrity, for the good of the game
and in the true spirit of competition

BEST PLAYER AWARD VOTING SLIP U18 & Senior Championships

Coaches to meet after each State v State game to determine voting for the Best Player.

To be placed in an envelope and sealed. To be opened for counting after the last Qualifying Round game (last game before finals matches commence). Officials' voting slips to be on different coloured paper for easy identification. Unopened envelopes to be kept in a secure place until counting.

One slip per **State** team per match **against another State team** and one officials' slip per match when State teams play each other, each with a separate envelope (3 per match). Write on the outside of the envelope the match day and time and the team it is issued to.

ALA Australian Championship – Best Player Voting Slip

Date Match v

5 points Player No. Name Team

4 points Player No. Name Team

3 points Player No. Name Team

2 points Player No. Name Team

1 point Player No. Name Team

Votes from Team Representative

Players in **both State** teams should be considered for votes

Place in voting slip in envelope and seal, then deliver to the Event Co-ordinator within 1 hour of the end of the match.

ALA Australian Championship – Best Player Voting Slip

Date Match v

5 points Player No. Name Team

4 points Player No. Name Team

3 points Player No. Name Team

2 points Player No. Name Team

1 point Player No. Name Team

Votes from Team Representative

Players in **both State** teams should be considered for votes.

Place voting slip in envelope and seal, then deliver to the Event Co-ordinator within 1 hour of the end of the match.

ALA AUSTRALIAN ALL STAR TEAM

Member Association (MA) Coaches are to assist ALA with selection of an All Star Team at the Championship, games played against Member Association State team only

MA Coaches are to select the best 10 players taking into consideration **all** players for each match of the qualifying rounds (last game before finals matches commence). Behaviour/sportsmanship must be taken into consideration: player suspended for game, receiving an immediate red card, etc. will eliminate this player from selection.

At the end of each qualifying match the Team Coaches are to meet to complete this form and hand it to the Championship Co-ordinator, or other ALA designated person, that day. At the end of the qualifying rounds the selections will be tallied by the Championship Co-ordinator or his/her designated person, and the players with the most selections/votes, including the Best Player will be named as the ALA Australian Championship All Star Team.

MEN Goalkeeper, 3 defence, 3 midfield, 3 attack players.

WOMEN Goalkeeper, 2 defence, 5 midfield, 2 attack players.

- | | | | |
|-------------------------------|------------|------------------|-------------|
| 1. Goalkeeper | Name:..... | Player No.:..... | Team: |
| 2. Defence | Name:..... | Player No.:..... | Team: |
| 3. Defence | Name:..... | Player No.:..... | Team: |
| 4. Defence(M) or Midfield (W) | Name:..... | Player No.:..... | Team: |
| 5. Midfield | Name:..... | Player No.:..... | Team: |
| 6. Midfield | Name:..... | Player No.:..... | Team: |
| 7. Midfield | Name:..... | Player No.:..... | Team: |
| 8. Midfield (W) or Attack (M) | Name:..... | Player No.:..... | Team: |
| 9. Attack | Name:..... | Player No.:..... | Team: |
| 10. Attack | Name:..... | Player No.:..... | Team: |

Selection by Coaches (name) Team (name) Team Date/...../20....

MEN'S INDOOR MA Coaches are to select the best 6 players taking into consideration **all** players for each match of the qualifying rounds (last game before finals matches commence).

- | | | | |
|---------------|------------|------------------|-------------|
| 1. Goalkeeper | Name:..... | Player No.:..... | Team: |
| 2. Defence | Name:..... | Player No.:..... | Team: |
| 3. Defence | Name:..... | Player No.:..... | Team: |
| 4. Face off | Name:..... | Player No.:..... | Team: |
| 5. Attack | Name:..... | Player No.:..... | Team: |
| 6. Attack | Name:..... | Player No.:..... | Team: |

Selection by Coaches (name) Team (name) Team Date/...../20....

BENCH OFFICIALS' DUTIES (WOMEN)

Timer

Ensure the visible playing clock is correct.

Period of Game: 4 x 15 minute periods, 30 seconds stopped clock at the end of each period. 2 minutes break at the end of the 1st and 3rd quarters, half time break must not exceed 6 minutes. 80% of game time (48 minutes) must be played to be an official game.

- Start the clock on the umpire's whistle at the centre draw.
- Stop the clock on umpire's signal (hands crossed above head) and whistle. Start the clock on the umpire's whistle.
- Advise Scorer the time when the goal was scored.
- Stop the clock during the last 30 seconds of each period. The clock is stopped when it reaches 30 seconds on a dead ball and on every whistle to stop play. The clock is restarted on the umpire's whistle to recommence play.
- Display a yellow board/flag when 2 minutes remain in the half, and advise the nearest umpire.
- Display a red board/flag when 30 seconds remain in the half and hand the game clock to the Bench Official.
- Signal the end of the half with bell/hooter if Bench Official unavailable.
- Time 2 minutes break at the end of the 1st and 3rd quarters, and 6 minutes at half-time.

When a team plays 2 games on the same day, 4 x 10 minute periods, stopped clock in last 30 seconds of each period. 80% of game (40 minutes) must be played to be an official game.

- Start the clock on the umpire's whistle at the centre draw.
- Advise Scorer the time when the goal was scored.
- Stop the clock during the last 30 seconds of each period. The clock is stopped when it reaches 30 seconds on a dead ball and on every whistle to stop play. The clock is restarted on the umpire's whistle to recommence play.
- The clock is not stopped when there is 12 goals difference in the scores, including the last 30 seconds of each period.
- Display a yellow board/flag when 2 minutes remain in the half, and advise the nearest umpire.
- Display a red board/flag when 30 seconds remain in the half and hand the game clock to the Bench Official.
- Signal the end of the period with bell/hooter if Bench Official unavailable.
- Time 2 minutes break at the end of the 1st and third quarters, and one 6 minutes break at half-time period.

Under 15 4 x 12 minutes halves clock stopped in last 30 seconds of each period if there is less than 12 goals difference in the scores. 80% of game (40 minutes) must be played to be an official game. When a team plays 2 games on the same day, 4 x 10 minute periods, clock stopped in last 30 seconds of each period if there is less than 12 goals difference in the scores. 80% (32 minutes) must be played to be an official game.

- Start the clock on the umpire's whistle at the centre draw.
- Advise Scorer the time when the goal was scored.
- Stop the clock during the last 30 seconds of each period if there is less than 12 goals difference in the scores. The clock is stopped when it reaches 30 seconds on a dead ball and on every whistle to stop play. The clock is restarted on the umpire's whistle to recommence play.
- The clock is not stopped when there is 12 goals difference in the scores, including the last 30 seconds of each period.
- Display a yellow board/flag when 2 minutes remain in the half, and advise the nearest umpire.

- Display a red board/flag when 30 seconds remain in the half and hand the game clock to the Bench Official.
- Signal the end of the half with bell/hooter if Bench Official unavailable.
- Time 2 minutes break at the end of the 1st and 3rd quarter and 6 minutes at the half-time period.

Team Time-out, 90 seconds, 2 per team per game: When requested by a Coach through the Bench Official or by the Captain on the field, immediately after a goal is scored or when his/her team has possession on a dead ball outside the 15m area (ball out of bounds; free position), nearest umpire will indicate time-out (hands crossed above head). Advise umpires when 30 seconds remain. **Overtime Time-out 1 per team per overtime period.**

Personal Suspension (Yellow card): Time **2 minutes** (elapsed play) starting when suspended player is in her team area. Advise player 'penalty ended' to allow substitution.

Personal Suspension (Red/Yellow cards): Time **5 minutes** (elapsed play) starting when suspended player is in her team area. Advise player 'penalty ended' to allow substitution by a team member.

Personal Suspension (Red card): Time **10 minutes** (elapsed play) starting when suspended player is in her team area. Advise player 'penalty ended' to allow substitution by team member.

Injury Time-out: Time **2 minutes** for field players, **5 minutes** for goal keepers.

Scorer:

Completed scoresheet provided by Event Co-ordinator with all players from both teams listed in numerical order, (C) beside captain's name. .

- Record all goals, assists and time of goal scored by both teams.
- Record knock-in goals as OG (own goal).
- Record all personal cards, player's number and time of penalty (Y or Y/R) and team penalties (G) listed for Captain in relevant team section on score sheet.
- Circle scores at the end of each period and record the half-time and full time scores, and over-time scores if required.
- Make sure that the umpires assigned to the game sign the score sheet.
- Record MVP player for each team.
- Score sheets to be given to the Championship/Tournament Co-ordinator

Table Official (Reserve Umpire):

- Assist the umpires assigned to the game with equipment check 15 minutes prior to game.
- Supervise team substitutions ensuring that the substitution is legal. Sound hooter immediately if no advantage to non-offending team OR at the end of the Advantage play (Major foul).
- Supervise coaches – ensure they remain in the coaches/players' area.
- Check the number of players on the field.
- Ensure that team members/personnel and medical staff only are in the designated bench area at all times.
- Assist the scorer with
 - goal scorer's number and goal assist's number.
 - player's number for personal yellow/red cards.
 - Captain's number for team green card
- Keep a check on spare team sticks.
- Ensure the blood rule is adhered to before players return to the field.
- Assist the timer with
 - stopped clock - the clock is not stopped when there is 12 goals difference in scores, including the last 30 seconds of each period.
 - timing of injuries

- timing of personal fouls and team foul suspensions

- overtime procedures – 5 minutes rest before toss of coin for ends, 6 minutes stopped clock play, changing ends at 3 minute intervals.

If scores are still tied after 6 minutes Sudden Victory is played. 3 minutes rest before toss of coin for ends, 3 minutes stopped clock play, changing ends after 3 minutes period until a goal is scored. 2 minutes break at the end of 6 minutes.

- Inform the coaches when 2 minutes remain in the half-time break.
- Take water onto the field for the umpires during time-outs.
- Control unacceptable team personnel/bench behaviour.
- If an umpire is unable to continue due to injury or other circumstances, take the field as a substitute.

APPENDIX N
INCIDENT/ACCIDENT REPORT FORM

For use in relation to an incident/accident occurring at an Australian Lacrosse Association Ltd. Championship or Tournament within Australia

1. Full name of player

2. Team or Squad

3. Full residential address

4. Phone

W:	H:	M:
----	----	----

5. Ground where injury occurred

6. Match between

	vs	
--	----	--

7. Date and time of injury

Date	Time
------	------

8. Description of injury

--

9. Details of first aid or treatment provided at the time of injury

--

10. Was the ground a factor in causing the injury (tick one)

Yes	No
-----	----

11. If yes, comment on the condition of the ground

--	--

12. Details of any known subsequent treatment

--	--

13. To be completed by: Coach, Team Manager or Team Medical personnel (e.g. doctor, physiotherapist)

Coach/Team	Manager/Team	Medical	Personnel
(doctor/physiotherapist (cross out 2))			

14. Full name

15. Signed/Dated

BACKGROUND

Sporting organisations are able to determine how a tribunal is formulated, who adjudicates on the tribunal, and how the tribunal process is to be conducted. In making these determinations, a sporting organisation does not need to abide by any specific legal requirement or process. However, there are three basic principles of natural justice that should be followed by a tribunal to ensure a fair and equitable process is achieved:

- **Notification of the charge** - the person accused should receive notice of, and know the nature of the allegations made against them.
- **Opportunity to respond** - the person accused should be given the opportunity to respond to the allegations.
- **Decision-makers to be unbiased** - there should not be any preconceived opinions, vested interests or personal involvement of the tribunal members.

Tribunals that do not adhere to these principles, and make decisions which unfairly impact on the livelihood or earning capacity of a person may be reviewed by a court of law, with any decision arrived at, or penalty imposed, possibly set aside.

PROCEDURES

A tribunal is not required to follow any specific legal process other than that outlined in the organisation's constitution or by-laws. A tribunal is not expected to act as a court of law, but should conduct the hearing as quickly, informally and comprehensively as practicable.

There is no absolute right to legal representation at a sport tribunal hearing. Most tribunals however are given a discretionary power in their rules, and where an issue involves either a person's livelihood or a serious allegation, the person should be allowed to be legally represented. If a tribunal is to adjudicate on a matter that involves a person under the age of 18 years, it is strongly recommended that a parent or guardian is allowed to accompany and assist them.

A tribunal can use any information available to it, even if it would not normally be admissible in a court of law. Hearsay evidence can be considered by a tribunal if it is considered reliable, applicable and appropriate. There is no expectation under natural justice principles for cross-examination of witnesses to occur during a tribunal hearing. Tribunal rules may allow a discretionary power for cross-examination to occur, which, if permitted, should be consistent for both parties. There is no legal obligation however for witnesses to disclose relevant information, or even answer certain questions during a hearing.

Any decisions arrived at by a tribunal should be based only on relevant evidence provided, and should not be influenced by rumour, speculation or gossip. Decisions should also be arrived at on the reasonable satisfaction of the tribunal members or on the 'balance of probabilities' (that is, more probable than not). It is considered good practice for tribunals to outline the reasons for any decisions that are made.

Under natural justice principles, a person should be given the opportunity to address the tribunal when the question of penalty is to be decided. The penalty options that a tribunal can impose

must be specifically outlined in the organisation's constitution or By-laws. Any penalty imposed by a tribunal must be reasonable under the circumstances of the case or issue (that is, the 'punishment' fits the 'crime').

ALA has and should clearly authorise their Tribunal to apply penalty/suspension across Australia as they decide appropriate and clearly not be limited to the relevant national event.

Role

- »»Convenes to hear offences which are sufficiently serious to be referred to a Tribunal.
- »»Comprised of a Chairman and a three-member panel.
- »»The Chairman manages process and decides on points of law.
- »»The Panel determines whether the Reportable Offence occurred and applies an appropriate sanction.

DIRECTIONS FOR TRIBUNAL PANEL MEMBERS BY ALA CHAIR

In all cases the Tribunal will be instructed to apply the following directions:

»»Tribunal members:

- Are the only judges of the facts in this case; no one else.
- Decide the case upon the evidence – the oral evidence from any witness, the video evidence and any documentary evidence.
- Must decide the case without prejudice, bias, sympathy, gossip or anything else.
- Should totally disregard any comment about the case by any coach, club member, official, commentator or any other person.
- Must act independently and impartially.
- Must consider all the evidence in the case and give each part of it the importance which you think as a judge it should be given.
- Accept what you believe is true and should be accepted, reject what you disbelieve – and in accordance with the weight you give to such evidence, as you accept, you determine what in your judgement are the true facts.

»»In assessing the evidence and determining the facts you make use of your common sense, your experience of life and your sports experience and judge the evidence fairly and impartially.

»»Any comment or argument is of course not evidence. It is intended to help you form a view of the evidence, but no more. If you disagree with it you discard it.

»»You must be satisfied on the balance of probabilities that any alleged reportable offence has been established against the reported person. That is that you are clearly satisfied that it is more probable than not that he/she committed the alleged offence. The reported person does not have to establish anything.

»»Although your verdict does not have to be unanimous you should endeavour to be unanimous – that is all agreed. However if you cannot all agree, your verdict can be by a majority of you. That is where two of you are agreed.

»»A decision may be determined in the absence of the offender

In the absence if the reported person (who has been duly notified) the Tribunal hearing will proceed as advised and any outcome will apply. The reported person is subject to the Tribunal finding and any suspension or may be banned from any participation of the sport of lacrosse in Australia until they then attend and respond to a subsequently convened ALA Tribunal for that specific charge and purpose.

SPECIFIC DIRECTIONS

These will be given when appropriate to do so. Matters that may be the subject of specific directions where relevant include:-

- »»Elements of the Reportable Offence
- »»Conduct
- »»Impact
- »»Contact
- »»Evidence of Victim
- »»Feedback/opinion/reaction by officials &/or adjacent players
- »»Exemplary record
- »»Prior offences
- »»Attempt to commit a Reportable Offence
- »»Exceptional and compelling circumstances
- »»Video evidence

CLASSIFIABLE OFFENCES

- Striking
- Kicking
- Kneeing
- Stomping
- Charging
- Rough conduct
- Forceful front-on contact
- Head-butt or contact using head
- Eye-gouging / unreasonable or unnecessary contact to the eye region
- Unreasonable or unnecessary contact to the face
- Unreasonable or unnecessary contact with an injured player
- Scratching
- Tripping
- Intentional contact with a Referee / Umpire
- Striking a Referee / Umpire
- Spitting on or at a Referee/Umpire
- Spitting on another Person
- Inappropriate behaviour
- Use of inappropriate language
- Aggravated behaviour / language to an official exercising administration of the game
- Attempting to strike a Referee / Umpire
- Refusal to adhere to an Officials request
- Refusal to adhere to the rules of the game and /or ALA National Event By-Laws
- Behaving in an abusive, insulting or obscene manner towards or in relation to a Referee / Umpire
- Misconduct - has a wide meaning and generally is any conduct which would be regarded as unacceptable or unsportsmanlike by other participants in the match and /or spectators or where it had the effect or potential to prejudice the reputation of any person, Member Association, club, team or the ALA, or to bring the game of lacrosse into disrepute.

GRADING OFFENCES

Intentional	Medium	Low	Careless
Severe	High/groin	High/groin	High
High	Body	Body	High/groin
High/groin			Body
Body			

As indicated in the table above, the determination of a base will be made based on an assessment of whether:

1. The Conduct is Intentional or Careless;
2. The Impact is Severe, High, Medium or Low; and
3. The Contact with the other Player / person is High / Groin or to the Body;
4. The treatment / respect / response to official(s) request(s) is/are followed promptly, compliantly and co-operatively.

For incidents referred directly to the Tribunal, serious intentional actions and/or serious misconduct will be subject to greater sanctions commensurate with the potential to cause serious injury and/or the potential to prejudice the reputation of any person, Member Association, club, team or the ALA or bring the game of lacrosse into disrepute.

Example: A Player is reported for Striking. In considering the report, the Tribunal will assess the level of Conduct, Impact and Contact. The Tribunal determines:

- »»The Conduct was Careless, but not Intentional;
- »»The Impact of the Strike was High;
- »»The Contact was to the Body of the opposition Player; and the severity of the Contact.

APPENDIX P

ALA CHAMPIONSHIPS TROPHIES and STATE TROPHIES, and ALA TOURNAMENT TROPHIES

Trophy	Seniors	Under 21 (W)	Under 19 (M)	Under 17/18	Under 15 Tournament
Championship Trophy (Men)	Garland McHarg Cup		Hickey Shield	Mal Taylor Trophy	
Championship Trophy (Women)	Joy Parker Cup	Joy Gomer Cup		Camille Hobbs Cup	
Tournament Trophy (Women)	Mary Pickett Trophy	Sue Gandy Trophy		Janet Jackson Trophy	Fiona Clark Trophy
Tournament Trophy (Men)	No trophy		No trophy	ALC Trophy	Joe Downie Trophy
Best Player (Men)	Hobbs Trophy		L S Turnbull Trophy	Volk Trophy	Not applicable
Best Player (Women)	ALA Trophy	No trophy		ALA Trophy	Not applicable
South Australia v Victoria (Men) STATE	Symonds Cup		Not applicable		Not applicable
South Australia v Victoria (Women) STATE	Shaw Cup	No trophy		Jeannie Matthews Cup	Not applicable
South Australia v Western Australia (Men) STATE	Wiles Trophy		Not applicable	No trophy	Not applicable
South Australia v Western Australia (Women) STATE	Paula Stockham Cup	No trophy		Rose Gaunt Trophy	Not applicable
Victoria v Western Australia (Men) STATE	Centenary Cup		Not applicable	No trophy	Not applicable
Victoria v Western Australia (Women) STATE	Witham Cup	No trophy		Mellis Cup	Not applicable
Western Australia v Tasmania (Women) STATE	Commonwealth Bank/Rae Reid Trophy	No trophy		No trophy	Not applicable
Tasmania v New South Wales (Women) STATE	Sue Moir Trophy	No trophy		No trophy	Not applicable
New South Wales v South Australia (Women) STATE	Vicky Edwards Trophy	No trophy		No trophy	Not applicable
South Australia v Tasmania (Women) STATE	No trophy	No trophy		Greaves Trophy	Not applicable
SA Red v Vic Blue (Women) STATE				Helen Keane Trophy	Not applicable
Golden Wattle Tournament (Women) (December)	Fran Maunton Trophy (all events)	Not applicable		Not applicable	Not applicable

Southern Crosse Tournament (January)	Vivienne Parker-White Trophy (all events)	Not applicable	Not applicable	Not applicable	Not applicable
Clive Carr Trophy (Men) missing Replaced by ALA Mollison Trophy (2016)	Men's Indoor	Not applicable	Not applicable	Not applicable	Not applicable

APPENDIX Q
MANAGERS' MEETING FORMAT

To be chaired by the Championship/Tournament Co-ordinator or appointed Chairperson. ALA Director of Competition to be advised of date, time and venue of meeting.

PENALTY FOR NON-ATTENDANCE - ONE UNIT.

To be held the day prior to Day 1 of the event but if unable to be held due to travel constraints, to be held before commencement of the first game. One (may be more than one) representative from each participating team to be present. Championship/Tournament Co-ordinator/Chairperson to provide the following information during the meeting:

- A contact list (e.g. details of accommodation, billets) of all participating teams
- Contact 'phone number of playing venue
- Nearest doctor
- Nearest hospital
- Nearest sports medicine clinic/physiotherapist
- Nearest facilities to venue for bank ATMs, supermarket
- Nearest public transport
- Program for all participating team members and officials that includes venue address and games schedule
- Any other items of interest in regard to the venue

Provide exact details including time, venue, and duties expected from teams, dress code, speakers and guests invited for:

- Opening ceremony
- Closing ceremony
- Welcome reception
- Farewell function

COACHES/OFFICIALS MEETING FORMAT

To be chaired by the Referee-in-Chief/Umpire-in-Charge, Host State Umpires' Co-ordinator or appointed Chairperson. ALA Director of Competition to be advised of date, time and venue of meeting.

PENALTY FOR NON-ATTENDANCE - ONE UNIT.

To be held the day prior to commencement of event but if unable to be held due to travel constraints, to be held before commencement of the first game.

One (may be more than one) representative from each participating team to be present.

Referee-in-Chief/Umpire-in-Charge or Host State Umpires' Co-ordinator/Chairperson to facilitate discussion during the meeting for rules and other matters.

To provide Officials with the following information:

- Nearest sports medicine clinic/physiotherapist
- Nearest facilities to venue for bank ATMs, supermarket
- Nearest public transport
- Program including venue address and draw
- Any other items of interest in regard to venue Provide exact details including time, venue, dress code, speakers and guests invited for:
- Opening and Closing ceremonies
- Welcome and Farewell receptions

FORMAT FOR OPENING AND CLOSING CEREMONY

Opening Ceremony

Teams to assemble – time and assembly point. Dress code - Team uniform and appropriate footwear

VIP's to be seated in 'special' area ALA Chairperson, ALA Director of Competition or his/her representative

State Association President or nominee

Mayor or nominee

Event Committee

Introduction to Opening Ceremony by MC (Event Co-ordinator) to begin proceedings by calling teams to assemble in front of their respective State flag. Australiana music in background

- | | | |
|-------------------|---|---|
| Order of assembly | 1 | Officials to march/assemble to/at Australian flag |
| | 2 | Interstate teams to march/assemble to/at their State flag |
| | 3 | International team/s to march/assemble to/at their country flag |
| | 4 | Host State team/s to march/assemble to/at their State flag |

Welcome address by ALA Chairperson or his/her representative

Flags - Team captains to raise their State flag

International team captains to raise their Country flag (if applicable)

Officials to raise the Australian flag

Aboriginal flag to be raised by Host MA representative

National Anthem/s to be played

Players' Oath to be read by 1 male and 1 female – Captains of the Host State team

Officials Oath to be read by 1 male and 1 female - Officials residing in Host State

ALA Chairperson or his/her representative to open the Championship/Tournament

Closing Ceremony

Teams to assemble – time and assembly point. Dress - Team uniform and appropriate footwear

VIP's including ALA representative to be seated in 'special' area as for Opening Ceremony

Introduction to Closing Ceremony by MC (Event Co-ordinator) by calling teams to march/assemble in front of their respective State or international flag. Aboriginal flag to be flown. Australiana music in background

Order of assembly same as for Opening Ceremony

MC to thank State Government (if required), local Council (if required), sponsors (as required), Tournament Committee and Club (if required)

Introduction of National President/representative or ALA Director of Competition by MC

Acknowledgments by above person and presentations

To include introduction of ALA Board/others who will be assisting with the presentations

Participation Certificates (Under 18 / Under 15 events)

Captains to come forward – Names of Captains to be read out
Certificates to be presented by

Officials Gold medal game Officials' names to be read out
Medallions to be presented by

Presentation of the Tournament Trophy (if appropriate)
Winning team in the qualifying round pre finals

Presentation of medals to the event winners. This presentation requires an assistant and a presenter
Call upon the Captain to introduce his/her team

Presentation of the Championship/Tournament trophy
ALA Chairperson to present, or his/her representative

Host Member Association to provide ALA with a photo of the winning female and male teams with the Championship/Tournament trophy

Captains to come forward and lower their flags
ALA President/VIP/ALA representative to officially close the event

Presentations at event dinner by ALA President or ALA representative. If this is not held then these presentations may be included in the Closing Ceremony

Australian All Stars (gold medallion with pale blue and white ribbon) 10 players (including a goalkeeper), also All Stars Coach (Championship winning team), and official as selected by panel.

Championship Best Player Awards (male and female) (gold medal on red/white/blue ribbon)

Australian All Stars Men's Indoor (medal as above) 6 players (including a goalkeeper), also All Stars Coach (Championship winning team) and official as selected by panel.

AUSTRALIAN LACROSSE ASSOCIATION LTD.

MEMBER ASSOCIATION CONFIRMATION OF HOSTING CHAMPIONSHIP/TOURNAMENT

SENIOR CHAMPIONSHIP

U18 CHAMPIONSHIP

U15 TOURNAMENT

MEN'S INDOOR (circle event) YEAR 201

Member Association Dates (per ALA calendar)

1. **Venue for event**

1a **Number of lacrosse fields** Grass Artificial surface

2 **Spectators** Proposed entry fee

3. **Organisation** that will manage this competition, e.g. Club, Association Committee: Name:.....

4. **Contact details** for Event Co-ordinator

Name.....

AddressPostcode

Phone (H).....Mobile.....Email@.....

5. **Insurance** held/or will be in place (for protection of organisers, spectators and participants)

6. **Ancillary Events** - Is it planned to conduct any other lacrosse competitions or events at the same time as this competition? Yes No (If 'No' go to 8)

6.1 Other lacrosse competition

6.2 Will this competition/event be conducted at the same venue? Yes No

6.3 Is the same Committee managing both/all competitions/events? Yes No

6.4 Contact details of Organiser if different from 4 above.

Name

Address Postcode

Phone (H) Mobile Email

7. **Declaration:** I have read the Australian Lacrosse Association Ltd. By-laws for Championships and Tournaments and declare that this State Association agrees to comply with the requirements outlined in these By-laws, or as amended in future, and is capable of successfully managing the conduct of this event.

Signature Name

Association President or Executive Officer Date

**APPENDIX T
HOST EQUIPMENT DAILY CHECK LIST**

Tick	Daily Ground Equipment Required
	Grounds clearly and correctly marked in accordance with rules (ALA website/Competition/Rules)
	2m Spectator line marked length of side boundary
	Goals in good condition, padded where required
	Team/players bench, shelter
	Water for teams/officials
	Scorer/timer - table, seating, shelter
	Clocks, scoresheet, time boards (W), balls on scorer's table. Arrange collection of score sheet at end of game
	2 MVP medals (blue ribbon) on scorer's table for presentation at the conclusion of every game. MVP recipients names to be recorded on the scoresheet
	Sunscreen, first aid ice at scorer's table
	Women's officials seating in scorer's shelter
	Men's assessors panel seating, shelter opposite centre line on opposite side to team benches.
	Deliver Best Player vote slip to State Team Manager. 1 voting slip on State v State team games only. Both Coaches to meet after game to complete.
	Deliver All Star selection slip to State Team Manager. 1 voting slip on State v State team games only Both Coaches to meet after game to complete..
	Collect and collate scoresheets. Display all game results including points, noting maximum 12 goals difference in scores. Collect and collate in a spread sheet, All Star team selection form and Best Player voting slip.
	Have relevant State v State trophies available for presentation at the conclusion of the game.
	Australian Sports Commission banner displayed
	ALA banners displayed
	Sponsors banners displayed (as required)
	Australian, State, Aboriginal and international team flags (as required) flying at full mast. All flags to be flown at half-mast on ANZAC Day (25 April)
	No alcohol to be served until completion of U15 and U18 games, i.e. served at end of day only.

