



U19 Australian Men's Team 2016

PREPARATION CALENDAR – updated Sat 4 Jan

APPLICATIONS

Squad Member Applications Due Date; Thursday 10th January 2014.

DOCUMENTS

Required documents Due Date; Thursday 10th January 2014.

BANK ACC & PIN

Details will be emailed to each Applicant: Friday 11th January 2014

APPLICATION FEE (non refundable) \$150

Due Date; Friday 17th January 2014.

SQUAD ANNOUNCEMENT

ALA web site; www.lacrosse.com.au Saturday 18th January 2014.

SQUAD MEMBER COSTS

Payment for your squad member costs of \$350,

is required by the Due Date; Friday 24th January 2014

STATE BASED TRAINING

February 2014

Sat 8 & Sun 9 Feb **Melbourne** State Based Training Camp

Sat 15 & Sun 16 Feb Adelaide State Based Training Camp

Sat 22 & Sun 23 Feb **Perth** State Based Training Camp

(Squad Members residing in QLD, NSW or Tas will attend the closest session)

March 2014

Perth	Weekly	State Based Training
Adelaide	Weekly	State Based Training
Melbourne	Weekly	State Based Training

April – August 2014

Perth	Monthly	State Based Training
Adelaide	Monthly	State Based Training
Melbourne	Monthly	State Based Training

Sept 2014

Rest Month

Oct – Dec 2014

Perth	Weekly	State Based Training
Adelaide	Weekly	State Based Training
Melbourne	Weekly	State Based Training